



Cambridgeshire
Community Services
NHS Trust

PALS

Patient Advice and
Liaison Service

Here to Help



Your sexual health
Where to go for help and advice

Cambridgeshire Community Services NHS Trust: providing services across Bedfordshire, Cambridgeshire, Luton, Milton Keynes, Norfolk, Peterborough and Suffolk

PALS means







Patient Advice and Liaison Service

- PALS staff are here to listen to you
- They can give you information and advice about our services
- They can help if you are unhappy and have concerns about your care or our services
- We will tell you about other services which could help
- We can support you

Which services does Cambridgeshire Community Services NHS Trust provide?

Our staff provide community-based care working in a variety of settings, including health centres and clinics, schools, children's centres, and in patients' homes. The services we provide are based across Bedfordshire, Cambridgeshire, Luton, Milton Keynes, Norfolk, Peterborough and Suffolk. We do not provide GP or hospital in-patient services.

A full list of the services we provide can be found on our intranet page: <http://www.cambscommunityservices.nhs.uk/>

 <p>Bedfordshire Community Health Services</p>	<p>In partnership with East London NHS Foundation Trust, we deliver a wide range of children's services and some adult services (Acquired Brain Injury and Nutrition & Dietetics services) across Bedfordshire.</p>
 <p>Children & Young People's Health Services</p>	<p>Services for children and young people across Cambridgeshire and Norfolk.</p>
 <p>Luton Children & Adults Community Health Services</p>	<p>Services for children and adults in Luton.</p>
 <p>iCASH</p>	<p>Contraception and sexual health support, information and treatment in Bedfordshire, Cambridgeshire, Milton Keynes, Norfolk, Peterborough and Suffolk.</p>
 <p>DynamicHealth</p>	<p>Musculoskeletal services, including physio, across Cambridgeshire and Peterborough.</p>
 <p>Dental HealthCare</p>	<p>Community and emergency dental services and minor oral surgery in Cambridgeshire, Peterborough and Suffolk.</p>

For further information about this service contact:



Tel: 0300 131 1000



Write to us at: (no stamp required):

FREEPOST: RTGA-CTLG-SCKH
Patient Advice and Liaison service
Units 7/8, Meadow Park
Meadow Lane
St Ives
Cambs, PE27 4LG



Email: ccs-tr.pals@nhs.net



Web: www.cambscommunityservices.nhs.uk

PALS is open Monday to Friday, 9am to 5pm.

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.