



Keeping In Touch

Issue 6 Autumn 2010

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With special thanks

Transforming our health visiting service

An exciting new initiative to transform our health visiting services is underway. Working closely with NHS Cambridgeshire, we are re-designing our service to ensure we achieve the very best outcomes for families and children.

John Peberdy, CCS NHS Trust's Children's lead explains:

“The emphasis of this transformation programme will be on improving the quality of services and ensuring county-wide equity and consistency of service. The service redesign will enable us to deliver agreed elements of the Healthy Child Programme, the national early intervention and prevention public health programme, including support for children and families who are at risk of poor outcomes.”

CCS NHS Trust has undertaken a number of surveys recently to seek parents' views about our health visiting service. Of the 546 respondents, 98% would recommend the service to a friend or relative and over 90% responded positively (rather than neutrally or negatively) to the following questions:

- overall how would you rate the service you received
- I had a lot of confidence in the person I saw today
- the person I saw today treated me with respect and dignity
- I was involved as much as I wanted to be in the decisions about care/treatment

Whilst these results are positive, we recognise there is more we can do to improve the quality of service and ensure equity across the county. The re-designed service will be introduced from 1 April 2011. In the meantime, we'll be working with service users and partners, such as GPs, to involve them in the re-design of the service to ensure it meets the needs of our local population.

To find out more about this Transformation Project, contact Emma Morley, Project Manager – Children's Services (01480 418689 or email emma.morley@ccs.nhs.uk)



Patient focus... specialist palliative care services

Cambridgeshire Community Services NHS Trust provides specialist palliative care services from the Arthur Rank House in Cambridge and The Hudson & Macmillan Palliative Care Centre in Wisbech. As well as meeting the needs of adults over the age of 18 with cancer, and other life threatening illnesses for which there is no cure, our services also offer support for their families and carers.

So what can you expect from our specialist palliative care services?

Specialist Palliative Care provides physical, psychological, spiritual and social care for patients with advanced incurable diseases and is delivered by a dedicated and skilled team of:

- doctors
- nurses
- psychological therapists
- complementary therapists
- physiotherapists
- occupational therapists
- chaplain
- social worker

The team provides a range of care including assessments, symptom management, rehabilitation, day care, therapeutic programmes and end of life care. Volunteers play a key role, whether through fundraising activities, providing transport, helping on days out, or lending an ear whilst chatting over a cup of tea - we are extremely grateful to each and every one of them.

Arthur Rank House (ARH) is a 12-bedded inpatient unit and day care therapy centre on the Brookfields site in Cambridge. Staff and volunteers work together to help people live their lives to the full and improve the quality of life for all affected by their illness.

Liz Webb, Matron, ARH CCS NHS Trust leads a dedicated and tight-knit team who deal with the patients on a daily basis and help to make such a unique atmosphere, said:

“When people first walk through our doors it is only natural that feelings of anxiety and nervousness come to the fore. But they very soon disappear. Don't expect it to be quiet and gloomy as it is anything but! The ethos here is to make everyone get as much out of life as possible. Patients, staff and families all join in.”

Edna Spalding, Health Care Assistant, has worked at ARH for many years, and her commitment to help others is strong. Edna says:

“Although we share many a tear, we also share so much laughter here. I have a genuine love of people, and this drives me to want to support those who are facing difficult times and help them to make the most of every day.”



Laughter can be a welcome tonic

Hilary Cullen, Health Care Assistant, ARH, Cambridgeshire Community Services NHS Trust is shown here providing hand therapy massage. She says:

“I have worked here for 9 years, and at the end of the day, although a patient may not be cured, I go home pleased that I have been able to help them to be more comfortable.”



Volunteers play a big role



Our District Nurses provide general palliative care in people's own homes, as does the Hospice at Home Team who advise on:

- managing and controlling symptoms
- assisting you in making decisions about care
- emotional, spiritual and social support
- maintaining dignity
- support for your carer
- information
- practical nursing care

For more information, talk to your GP or District Nurse or contact the Hospice at Home Team on 01223 723130 (or 01223 723136 if you have used the service before)

The Macmillan and Hudson Palliative Care Centre is located at North Cambs Hospital, Wisbech and provides Fenland residents with all the Inpatient and Day Care services required by patients with life-threatening illnesses, together with support for families and carers. Three palliative care inpatient beds are available on Trafford Ward, supported by a clinical nurse specialist and palliative care consultant.

Michelle Knight, Specialist Palliative Nurse, Hudson & McMillan Palliative Care Centre, CCS NHS Trust, oversees a dedicated team whose aim is to improve quality of life by easing patients' anxieties, whether psychological, social or spiritual. Here she shares some thoughts:

“We deal with the treatment not just of symptoms, but all-round care of the patient. It's important that everyone feels welcome here. Family members are welcome to come in and sit with their loved one whenever the patient is having treatment, and we offer help and support because the illness affects them too. The patients feel safe here, and so do their families because it is such a caring environment.”



Michelle Knight and Mrs Jakeman



Pat Hirst, Health Care Assistant, The Hudson & McMillan Palliative Care Centre, CCS NHS Trust, is shown here administering massage therapy. She says:

“It is a privilege getting to know the patients, and patients feel more comfortable when they get to know you better. It is such a rewarding job.”

Here's what some of our patients and families say about our specialist palliative care services:

“The staff put my treatment in place to help me cope with my grief – I didn't know they did that.”

“I had no-one to talk to as my illness is rare. The staff gave me a lifeline and hope to go on.”

“I find my privacy and dignity are respected.”

“All staff I met have been friendly, and lifted my spirits at a difficult time. It was a very positive aspect of my treatment, and I'm very grateful for that.”

Case study

Patient centred end of life care

Here we share a case study demonstrating how health and social care practitioners work together with patients and our specialist palliative care services to ensure truly patient centred end of life care.

Week 1

Mrs B is independently living at home with her husband. Her oncologist has told her that there is no further active treatment available and that the focus of her treatment would now be of a palliative nature. Her GP refers her to the Macmillan Clinical Nurse Specialist (CNS) to discuss her preferred priorities of care and to write a 'Living Will'. A variety of issues are discussed, including where she would like to be cared for as her disease progresses and eventually where she wants to die. Mrs B is very clear she wishes to be at home. The 'Living Will' details specific treatment. The CNS ensures that the district nursing team and GP are aware of her wishes.

Week 2-12

As the disease progresses, district nurses and occupational therapists from our integrated health and social care locality team provide support and equipment to facilitate independence for as long as possible. The CNS and GP liaise and agree that it would be appropriate given Mrs B's expected deterioration that 'Just In Case' medication is prescribed and placed in the home. This is a variety of medication, which may or may not be required, ensuring timely access to medications to treat pain, nausea and anxiety administered by health professionals visiting the home.

Week 13

Mrs B becomes progressively weaker and is bed bound. The district nursing service works with carers from our intermediate care team to provide care across a 24-hour period ensuring Mrs B receives personal care, is repositioned and is kept as comfortable as possible. The district nurses visit daily and give prescribed analgesia and sedatives via a syringe driver. The family receives support and reassurance during these visits. The CNS keeps in regular contact with the district nurses and provides advice and support as needed.

Week 14

Mrs B dies at home with her family, as she wished.

Staff highlights... holly ward play team

Cambridgeshire Community Services NHS Trust runs the Children's Unit on the Hinchingsbrooke Hospital site which provides children's inpatient and outpatient services. The Play Team is an integral part of Holly Ward, specialising in helping children with their emotional and physical well being during their hospital stay and sometimes when they return home.

“To recognise the central importance of play, we must first accept that children coping with health care and illness express their feelings and needs differently from adults.”

Zowie Jubb, Play Specialist, Cambridgeshire Community Services NHS Trust

The play team usually start their day early, and always in the Theatre Bay. Here they help to prepare children for their operations, taking time to reassure each child. It is then time for the ward 'play round' to assess each child's development needs so that an individual 'play programme' can be devised. This helps every child to achieve their optimum development goals through therapeutic and normalised play. Once discussions with the doctors are completed, the children then enjoy carefully thought-out activities in the play room enabling the Team to assess their behaviour, co-operation and development, as well as monitor their well-being.



Zowie Jubb encouraging play with 5 year old, Domenico Benevento, with mum Petra

The Sensory Garden

is a healing environment that stimulates the senses, designed around wheelchair users and children with special needs.



Zowie Jubb with Arran Hollis, aged 4, and dad Steve.

The Sensory Room

is filled with colourful lights, music and visual stimulation. This room can be booked by members of the public for children who may benefit from such stimulation. They don't have to be a patient of the Children's Unit, but can contact Holly Ward to arrange.



Distraction Therapy

The Play Team also uses Distraction Therapy, an extremely successful method to help children, especially when they are in pain.

Tailored to the individual child, such as using music or bubbles, distraction therapy takes the child's mind off medical procedures, including blood tests or dressing changes, which in turn leads to quicker recovery.



The pain passport - and our play team winners in 'innovation'

The Pain Passport is a little booklet given to children who are regularly visiting their doctor or hospital. It helps them to plan their visits, write down their wishes about treatments, note down their feelings, record comments from nurses and doctors and provides a place to keep their personal achievement stickers.

In April 2010 Charlotte Goedvolk, Zowie Jubb, and Clair Day won the 'Innovation Award' at our Staff Innovation & Excellence Awards for the introduction of the 'pain passport' locally. Originally developed for children in the Netherlands, the passport was translated into English by Dr Charlotte Goedvolk and adapted for use by the Holly Team comprising of registrars, house officers, nurses, play leaders. Service users were involved in this process and their thoughts and ideas were used in the final product. Development and implementation of the pain tool has improved the patients experience giving the child control over procedures. Communication and trust between patients and professionals has significantly improved.



Working in the community

Our Children's Community Nursing Teams provide essential care for children and young people who require health care outside a hospital setting.

Play Specialists facilitate partnerships with parents and Community Children's Nursing Teams, helping them to develop an awareness of children's specialist psychosocial needs, focussing specifically on the potential effects of illness on the child.

“As adults we need to communicate with children using a language familiar to them so that we can understand and support their special needs.”

Mags Hirst, Specialist Nursery Nurse/Play Specialist, Cambridgeshire Community Services NHS Trust

Case study

The Community Play Specialist will visit children in their own homes. One patient who has benefitted is Gabby Radford. For many weeks, Gabby and the Play Specialist followed a play programme of sessions to help her understand about her illness and her emotional feelings toward the situation, and this had a tremendous positive effect on Gabby. As Gabby's mum explained:

“We have been having sessions with our community play specialist throughout Gabby's illness, and she has responded well from the input and the support.”



Gabby Radford at home with Zowie Jubb

Some of the types of work undertaken by Play Specialists are:

- distraction during procedures such as wound dressing changes.
- working with a child or young person to understand more about their illness.
- providing play materials to enable a child or young person express their thoughts and feelings about their illness.
- working with siblings of a sick child, to provide support to them to understand their siblings illness.
- working with the Children's Community Nursing team to provide end of life care, explaining to siblings and sometimes where appropriate the child what is happening.
- following the death of a child offer specialised bereavement support to the remaining siblings.
- offering support to children who attend the nurse led clinics for Constipation/Eczema.

What we do...

Children

Inpatient services, outpatient services and special care baby unit on the Hitchingbrooke site



Community nursing including continuing care

Health visitors



Vision screening

Audiology



Occupational therapy, physiotherapy, speech and language therapy

Consultant based community paediatric services

Safeguarding children

School Nurses, including special school nurses



Adults

Human papilloma virus vaccination programme

Sexual health services including Chlamydia screening



Podiatry



Musculo-skeletal services



Community dental services and dental access centres

Minor injuries units



Radiography

Primary care for homeless people in Cambridge

Providing a lifetime of care

Cambridgeshire Community Services NHS Trust provides a wide range of health care services for all ages as well as social care for older people in your local community. In the last ten months, over 8000 people responded to our invitation to feedback on their experience of using our services. We were overwhelmed by the positive responses including 99% of service users saying they would recommend us to a friend or relative – what better accolade?

Here are just a few examples of how feedback from local people has been used to inform service developments:

- improved single sex accommodation on Trafford Ward at North Cambs Hospital, Wisbech; Welney Ward, Princess of Wales Hospital, Ely and Brookfields Hospital in Cambridge.
- a new cleaning contract commenced this year incorporating higher standards for cleanliness.
- where clinically appropriate, parents have the option to receive follow up appointments via phone or email from our consultant community paediatric service.
- waiting times in children's occupational therapy are being addressed through a range of innovations - countywide equity in waiting times is imminent.
- the children's speech and language therapy service piloted changes to improve waiting times in the south Cambridge city area and, following this successful pilot, rolled out these changes county-wide
- an electronic booking system - Choose and Book - has been introduced in our musculo-skeletal services to promote choice and accessibility for patients.
- podiatry services have introduced a pilot 'self referral' option in four GP practice areas.
- oral surgical services were expanded to cover the Wisbech area.
- community inpatient wards are offering patient/family meetings as part of the discharge planning process to improve inclusivity in the decision making process.

To find out more about our services, visit our website at: www.cambscommunityservices.nhs.uk

Our vision for the future is simple; we want to deliver high quality health and social care to make people's lives better. Our aim is to create services for children and adults that are:

- locally accessible, provided as close to or in people's own homes
- provided to the highest standard by skilled and compassionate staff
- integrated across health and social care boundaries
- focussed on maintaining people's independence
- provided at an early stage to prevent deterioration and help avoid unnecessary hospital admissions

Whilst becoming the first Community NHS Trust in the country in April 2010, we have always viewed Trust status as an interim step towards becoming a Foundation Trust (FT). This is because FTs have greater flexibilities and freedoms to enable us to achieve our vision, whilst remaining firmly within the NHS. For example, FTs:

- are free from central Government control
- have much stronger links with local communities
- are able to determine priorities for developing and improving the quality of local services

We plan to undertake a 12 week public consultation in the New Year to seek your views on us becoming a Foundation Trust. As well as setting out our vision and priorities for developing services during the consultation, we'll also be seeking to recruit thousands of local people like you to become Members of our Foundation Trust who will have a direct say in how services are developed to meet their needs.

Keep an eye on our website in the New Year (www.cambscommunityservices.nhs.uk) to read more about our exciting plans for the future and how you can help shape your local community services.

If you'd like further information in the meantime, contact Karen Mason, our Head of Communications on 01480 308219 or email karen.mason@ccs.nhs.uk



Specialist palliative care services (inpatient, day case, community-based)

Care services in extra care and sheltered housing/day centres

Inpatient rehabilitation



Discharge planning for complex case



Community rehabilitation i.e. physiotherapy, occupational therapy and speech and language therapy, day rehabilitation, falls prevention

Community matrons



Specialist nursing services (respiratory, parkinson's, tissue viability, diabetes, anticoagulation, continence, colorectal and stoma care, heart function and heart failure, multiple sclerosis)

Assistive Technology and telehealthcare



Integrated health and social care services for adults and older people which includes district nursing and social care management

Outpatient clinics



Nutrition and dietetics

Neuro-rehabilitation



...Providing a lifetime of care

Spotlight on... minor injuries units (MIUs)

Cambridgeshire Community Services NHS Trust runs 3 Nurse Practitioner-led Minor Injuries Units in the East Cambs & Fenland area. There's no need for an appointment – just walk in!

Doddington Community Hospital

Address: Benwick Road, Doddington, Cambs, PE13 3AB

Tel: 01354 644243

Opening Times:

Mon-Fri 8.30-6.00pm
& Sat-Sun 9.00-5.00pm

Princess of Wales Community Hospital

Address: Lynn Road, Ely, Cambs, PE15 0UG

Tel: 01353 656675

Opening Times:

Mon-Fri & Sat-Sun 8.30-6.00pm
& Sat-Sun 9.00-5.00pm

North Cambs Community Hospital

Address: The Park, Wisbech, Cambs, PE13 3AB

Tel: 01945 488068

Opening Times:

Mon-Fri 8.30-6.00pm
Sat-Sun Closed

Patients will be treated and discharged with follow-up treatments arranged if necessary, or referrals made to other services where appropriate.

What CAN be treated at a Minor Injuries Unit

- cuts, grazes and wounds
- sprains and strains
- broken bones (fractures)
- bites and stings
- infected wounds
- minor head injuries
- eye problems, such as minor eye infections, or something stuck in your eye
- emergency contraception
- minor illness eg. sore throat and earache



What CANNOT be treated at a Minor Injuries Unit

- chest pain
- respiratory problems
- abdominal pain
- gynaecological problems
- pregnancy problems
- drug overdose
- alcohol related problems
- mental health problems
- health conditions that would normally be treated by your GP or hospital
- old injuries/long-standing conditions

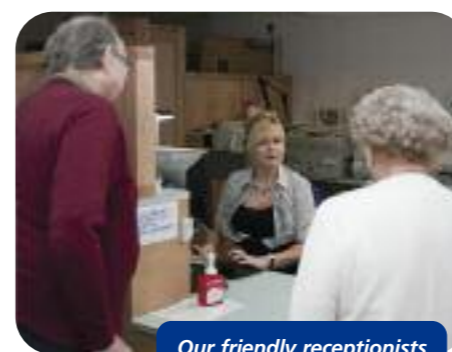


David Gwilliams is Clinical Lead for all of our MIUs, and shares his thoughts, saying

“My role is to ensure that the service we provide is high quality, efficient and effective. Most patients who come through the doors leave happy with the level of care they've received, and that gives me the greatest satisfaction.”

So what happens in a Minor Injuries Unit?

When you arrive at our Minor Injuries Units, our welcoming receptionists will take your details. You will then be seen by a trained nurse practitioner who will assess and treat your condition. We aim to ensure that the vast majority of people are seen within two hours so visiting your MIU will not only save you a potentially long wait at your A&E Department, it will also enable A&E staff to focus on what they do best, which is treating people with serious, life-threatening injuries.



Our friendly receptionists welcome you on arrival



Skilled Nurse Practitioners will assess your condition

All our nurse practitioners are trained to care for a variety of conditions, have significant experience in emergency nursing or primary care nursing and have studied specialist courses at diploma, first-degree and masters-degree level. They don't know what, or how many patients, will come through the door next - it could be anything from a sore throat to broken bones, or something even more traumatic or serious. Patients with life or limb-threatening conditions will always be assessed quickly and receive any urgent care they need before being transferred to the nearest A&E Department

Our skilled nurse practitioners treat people with ailments from head to toe



Kathy Amey, who has been a MIU Nurse for some time now shares some thoughts on her role:

“Offering reassurance to patients is so important when they are in distress. So whilst I am treating their condition, I always like to get them talking if possible. I gain so much job satisfaction too when patients write a word of thanks, or phone to let us know how they are doing after their treatment, and many do.”

Case studies

Patient T arrived at the MIU after someone had fallen on her left wrist and it had twisted at an awkward angle. After assessment, she was referred to the x-ray department to check if there was a fracture. No fracture was detected, but the tendons had been overstretched. Her wrist was put into a splint, she was advised on how to take anti-inflammatory painkillers, and return to the MIU in 10 days time for further assessment.

Patient S came to the MIU with a sore throat and earache. Once the nurse had carried out observations, a course of antibiotics was prescribed and the patient was advised to rest, drink plenty of fluids and take painkillers as directed. The patient was also given clear advice about what to do if their condition did not improve.

Patient B arrived at the MIU with central chest pain. Being well known to staff with an extensive history of cardiac problems, he was taken directly to the 'resus' room. An ambulance was called whilst the nurse practitioner monitored the patient and performed an ECG to assess whether the pain was the 'stent' pain regularly experienced by the patient and not a heart attack. Cardiac medications were administered, and the ambulance was on the scene within 10 minutes and transferred Patient B to A&E.

Patient W with known anaphylaxis to bee stings was stung by a bee, and although she tried to administer her epipen, it broke. The patient started to develop acute signs of anaphylaxis as she was entering the MIU, with obvious signs of breathing difficulty and swelling. An ambulance was called immediately, and the patient was taken to 'resus' and given adrenaline and antihistamines to avert a potentially life-threatening situation.

Working in our communities

Who cares for the carers?

Cambridgeshire Community Services NHS Trust (CCS NHS Trust) works with Cambridgeshire County Council to provide The Carers Support Team. This small team of 8 Carer Support Managers and staff strive to improve support and services for carers' across Cambridgeshire.

Sue Mayes, Carer Support Manager for Cambridge City and South, Cambridgeshire County Council said:

“People who have been caring for a number of years have told the Carers support team that caring can be rewarding and fulfilling, but that it can leave people feeling exhausted and isolated. They say that it is important to maintain a life outside of caring – doing something different, staying in touch with friends and family, even having a job.”

The Carers Support Team offers some short respite breaks for Carers through carers events and outings including visits to the theatre, pamper days, BBQ's, bowling and cinema trips, carers week activities and much more. For many of the activities, transport can be provided for those who do not have access to a car, as well as replacement care for the cared for person.

“It is so very important for Carers to get the support they need, and we try to offer some respite by organising activities that allow the carers we know to enjoy some free time, away from caring responsibilities.”

Jo Britt, Carers Support Manager,
Cambridgeshire Community Services NHS Trust

Did you know?...

- one in five people (1 in 4 women) aged 50 – 59 provide unpaid care
- at any time 1 in 10 people in the UK is a carer
- in Cambridgeshire around 16,000 people start caring each year
- there are at least 1,300 young carers in Cambridgeshire

The Carers Support Team offers information and support to all informal adult carers across Cambridgeshire, including:

- carers assessments
- individual and group support
- a carers newsletter (sent out bi-monthly)
- an annual carers directory
- specialist training for carers including mental capacity and legal issues.
- stress busting
- first aid

For further information, please visit:
www.cambridgeshire.gov.uk/carers



Jo Britt, second left, accompanying carers enjoying a river boat cruise

Chris Sharp, Matron, Infection Prevention and Control, Cambridgeshire Community Services NHS Trust shares his views:

“Infection Prevention and Control is very much about a team effort and everyone working together. We have a dedicated team who work extremely hard – but it is not just their business – it's everyone's.”

The team was involved in piloting a brand new infectious waste collection system earlier this year. One of only two Trusts in the country to pilot this scheme for collecting infectious waste from patients' own homes, we are now exploring the potential to roll out this initiative county-wide.



The scheme has added ecological benefits as the processing system used by the external company contracted to dispose of the waste generates power which is then utilised by industry to power manufacturing plants. Good news for our carbon footprint!

Beating the bugs!

One of the highest priorities for staff, patients and their relatives today is cleanliness and infection control. Cambridgeshire Community Services NHS Trust has put patient safety at the top of our agenda. During 2009/10 we had no cases of MRSA bacteraemia and our stringent approach to cleanliness has resulted in this positive trend continuing this year with no cases of this blood borne infection to date.

Our specially trained Infection Prevention and Control team work throughout our services in a variety of settings including inpatient areas, outpatient clinics, dental access centres, and patients' own homes to beat the bugs!



Partners in social care

A new service to help you become more independent

Cambridgeshire Community Services NHS Trust (CCS NHS Trust), together with Cambridgeshire County Council and NHS Cambridgeshire are introducing a new Re-ablement service. Available across the county by December 2010, this service aims to help local people with poor physical or mental health accommodate their illness or condition by learning or re-learning the skills necessary for daily living.

Re-ablement will:

- help maintain or regain your independence
- improve your health and well-being
- have a positive impact on your quality of life

You can be referred for re-ablement by your health care professional or social care practitioner, or alternatively contact Cambridgeshire Direct on 0345 045 5202 to find out more. Your re-ablement programme will normally last up to six weeks and will be free of charge to you as long as you are participating in the programme and making progress.

Marion Clarke, County Manager – Unplanned Care, CCS NHS Trust explains:

“Re-ablement is designed to help you become as independent as possible. Perhaps you need support with your personal care or to prepare a meal – the re-ablement service will work with you so that you learn (or re-learn) important tasks on your own. In traditional social care, someone would visit and do these tasks for you. With re-ablement, our team will work with you so that you learn or (re-learn) important tasks you need for everyday life. Many people who participate in a re-ablement programme find that afterwards they can cope very well on their own, without the need for social care support.”

Who's in the Re-ablement Team ?

- therapy professionals such as occupational therapists and physiotherapists
- support workers / carers
- care co-ordinators/ case managers
- assistive technology specialists
- mental health professionals

During your programme, the team may suggest you try carrying out some tasks in a slightly different way to make them easier for you to do on your own. It may be suggested, for example, that you try using equipment to make a task easier - this equipment will be provided free of charge.

As Nicky Rice, Care Co ordinator, CCS NHS Trust, explains:

“A member of our re-ablement team will visit you at home to talk through with you what you would like to achieve and how we can make it easier for you to do the things that you want. Together we will agree the goals you want to work towards and identify how we will support you to achieve them. At first you may need several visits every day but as you progress, the number of visits may reduce.”



Help is at hand to support you to...



... re-learn how to do it yourself

One patient who has felt she has benefitted from this approach is Mrs Sheila Beck, who is pictured above and left, and had this to share about her own experience of the service:

“With the support provided, I have now managed to get back to living independently. Everyone has been so helpful, and all were very nice people.”

With special thanks

Cambridgeshire Community Services NHS Trust has received generous donations from the following:

The Friends of Wisbech Hospital made two very generous contributions. First was for £32,000 towards the new Minor Injuries Unit which was officially opened on 30th June 2010. The second was for £12,000 for the renovation work on Trafford Ward Nurses Station. Eileen Plater, Chair of the Friends of Wisbech Hospital, said: "It is thanks to the generosity of people donating to the Friends that we have



been able to equip the minor injuries service, and complete the renovation work on the Nurses Station. The services provided at the hospital, together with the high standard of care given by all the nursing staff, is tremendous."



14th Scout Group, Wisbech donated a 19" digital HD-ready LCD TV to Trafford Ward at North Cambs Hospital. The TV is now wall mounted into one of the ward's side rooms for patients to enjoy some entertainment whilst they are in the care of the nursing staff.

SpecSavers, Huntingdon

Branch celebrated their 10th anniversary in May this year and provided special offers in the store, along with running a repairs clinic, with all proceeds donated toward Holly Ward, our in-patient facility for children on the Hinchingsbrooke Hospital site. £123.94 was collected and used to purchase further equipment to benefit all babies and children.



Ladies Inner Wheel Club of Ely of Ely raised £4435.25 for a peaceful retreat, named The Haven, where patients, relatives, visitors and staff can sit in a quiet relaxed multi-faith area for some reflective/remembrance time. Waitrose Supermarket, Ely chose this project as one of their community charities contributing £550 collected in their store donated by the local community. Betty Flack, President, Ladies Inner Wheel Club of Ely, said: "We are very pleased that our fundraising activities, together with the contribution from the collection at Waitrose, allowed us to make the room so nice and comfortable."



Wisbech & District Cancer Charity kindly donated £10,000 to renovate a side room on Trafford Ward at North Cambs Hospital in Wisbech for the specific use of patients needing palliative care.

In memory of the late Mr Leslie North Mr North's daughter, Mrs Maureen Pope, raised £500 by line-dancing and donated the funds to our East Cambs and Fenland Intermediate Care Team who looked after her father. Mrs Pope said: "We are so grateful for the support from the team, everyone was so nice and I wanted to show my thanks for taking such great care of my father." The funds will be used to buy additional equipment to benefit patients.

Anita Barker, Chair of the Charity, said: "The needs of cancer patients are enormous and every donation counts towards providing much needed equipment and comfort. This is often a great benefit for the patient, their family and medical staff. We are very pleased that our fundraising is supported by many local people, and we would like to thank everyone who contributed as they have all helped to make this wonderful room possible."