

# Prevention and treatment of Incontinence Associated Dermatitis (IAD)

For patients who are incontinent of urine and/or faeces

	Clinical presentation*	Clean the skin	Action	Barrier product	When to use	How much to use (see reverse)
Prevention	<b>At risk of MASD:</b> Incontinence, healthy, intact skin, no erythema 	Cleanse with warm water and pat dry	<b>For patients with faecal incontinence cleanse with warm water and a pH neutral soap, pat dry</b>	 3M™ Cavilon™ No Sting Barrier Film	 Apply <b>once</b> per day	 Apply even coat to the entire area to be treated Allow the area to dry for at least 30 seconds or until touch dry
	<b>Mild MASD:</b> Skin is moist – erythematous areas, skin is intact 	Cleanse with warm water and pat dry		 3M™ Cavilon™ No Sting Barrier Film	 Apply <b>once</b> per day	 Apply even coat to the entire area to be treated Allow the area to dry for at least 30 seconds or until touch dry
Management	<b>Moderate MASD:</b> Skin is wet – spreading Erythematous skin Up to 50% of affected skin is broken Oozing/bleeding may be present 	Cleanse with warm water and pat dry		 3M™ Cavilon™ No Sting Barrier Film	 Apply <b>once</b> per day	 Apply even coat to the entire area to be treated Allow the area to dry for at least 30 seconds or until touch dry
	<b>Severe MASD:</b> More than 50% of affected skin is broken (moisture lesions) Oozing and/or bleeding may be present 	Cleanse with warm water and pat dry		 3M™ Cavilon™ Advanced Skin Protectant If there is no improvement after 2 weeks please refer to a TVN	 Apply <b>2x</b> per week For example: Monday and Thursday	 Apply even coat to the entire area to be treated Allow the area to dry for at least 30 seconds or until touch dry
High risk	<b>MASD with fungal involvement:</b> Wet, erythematous skin with white pustules, usually found in skin folds 	Cleanse with warm water and pat dry		Refer to patients GP for antifungal treatment	As prescribed	As prescribed

Step down

Step up

# How is 3M™ Cavilon™ No Sting Barrier Film applied?

- ▶ Skin should be clean and dry prior to application of Cavilon no sting barrier film
- ▶ Apply a uniform coating of the film over the entire treatment area
- ▶ When using the spray bottle, hold the spray nozzle 10–15cm away from the skin and apply in a smooth, even coating over the entire treatment area while moving the spray in a sweeping motion
- ▶ If an area is missed, reapply to that area only after the first application has dried (this will take approximately 30 seconds)
- ▶ If Cavilon no sting barrier film is applied to an area with skin folds or where there is other skin-to-skin contact, make sure that the skin contact areas are separated and allow the coating to dry before returning skin to the normal position
- ▶ Applying too many layers may make the skin feel stiff



# How is 3M™ Cavilon™ Advanced Skin Protectant applied?



**Keep the applicator pointed in a downward position for approximately 10 seconds** to allow fluid into the foam sponge. The fluid flows by gravity so you don't need to maintain pressure on the lever.

*Fluid will not completely saturate the sponge to the edges.*



**Apply Cavilon Advanced skin protectant by gently wiping the foam sponge across the affected area** and surrounding skin. Use an even, sweeping motion with minimal overlap of product. The applicator may be used in any direction.

*There is no need to push down on the applicator during application. Additional pressure is not needed and can result in excessive wetness or pooling of fluid.*



**Continue application until the entire area to be treated has been covered.** It is important to apply the product to all skin that is exposed to moisture such as faeces and/or urine.



**Allow the area to dry for at least 30 seconds or until touch dry.** If an area is missed, wait until the fluid has dried completely before applying additional product.



**If Cavilon Advanced skin protectant is applied within a skin fold or other area of skin-to-skin contact,** make sure that the skin surfaces are separated to allow the fluid to dry completely touch dry before allowing skin to return to the normal position.



**Reapply the product 2 times per week.** Cavilon Advanced skin protectant is waterproof and is *not* removed by routine cleansing. More frequent application may result in build-up of the product.



## Additional information

Please note that 30 seconds is the minimal drying time recommendation. Drying time can be different for every patient/resident depending on skin type, the severity and the cause of skin breakdown. Drying time can range from 30 seconds and in some cases can take up to 5 minutes or longer. Please ensure that you allow the right amount of drying time and the skin is 'touch dry'. For example, this is particularly important if the patient/resident is wearing an incontinence pad.

**The film will wear off and does not require removal.** In the event you do want to remove the product, use an adhesive remover that contains hexamethyldisiloxane (HMDS) or silicone polymer.

*It's advisable to use an adhesive remover containing HMDS or silicone polymer anytime you remove an adhesive dressing or tape from an area that has been covered with Cavilon Advanced skin protectant.*