



**Want to share your experience with others?
Want to learn from others with diabetes?**



Come along to your local Diabetes Support group

Would you like to connect with other people living with diabetes near to where you live?

Join a relaxed local group, to learn more about diabetes and living with a long-term condition.

**Hightown Sports & Arts Centre
Concorde Street, Luton LU2 0JD**

First Wednesday Each Month 6.30pm – 8.30pm

For more information contact: Ken Alden ken.alden@hotmail.co.uk
Or Diabetes UK Eastern Region: Tel 01376 505247 Email:
david.robinson@diabetes.org.uk



**Want to share your experience with others?
Want to learn from others with diabetes?**



Come along to your local Diabetes Support group

Would you like to connect with other people living with diabetes near to where you live?

Join a relaxed local group, to learn more about diabetes and living with a long-term condition.

**Hightown Sports & Arts Centre
Concorde Street, Luton LU2 0JD**

First Wednesday Each Month 6.30pm – 8.30pm

For more information contact: Ken Alden ken.alden@hotmail.co.uk
Or Diabetes UK Eastern Region: Tel 01376 505247 Email:
david.robinson@diabetes.org.uk

