

For further information about this service contact:

Luton Tissue Viability Team  
Luton Treatment Centre  
6 Vestry Close  
Luton  
LU1 1AR

Tel: 0333 405 0048



## A Specialist Wound Care Service

## Tissue Viability Service

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: [ccs-tr.pals@nhs.net](mailto:ccs-tr.pals@nhs.net).

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.



## Tissue Viability Team - who's who?

Janice Little - Tissue Viability Specialist Nurse  
Vicki Brookes - Tissue Viability Specialist Nurse  
Carly Morrison - Tissue Viability Sister  
Caroline Littler - Tissue Viability Sister  
Barbara Niblett - Tissue Viability Sister  
Sarah Dumbrell - Tissue Viability Sister  
Kirsty Hughes - Tissue Viability Sister  
Krystina Hatton - Tissue Viability Assistant Practitioner

## Clinic days and opening times

Monday 8:30am - 4pm  
Tuesday 8.30am - 12noon  
Wednesday 8.30am - 4pm  
Thursday 8.30am - 4pm  
Friday 8.30am - 1pm

Contact Number: Reception – 0333 405 3127

**If you need to be seen outside of these times please ring your GP or NHS 111.**

## What is the Tissue Viability Service?

Tissue Viability is the name given to nurses who have specialist skills, knowledge and experience in wound care.

We offer advice and support for patients with long standing or complex wounds such as lower leg ulcers, pressure ulcers and surgical wounds

## How can you access our service?

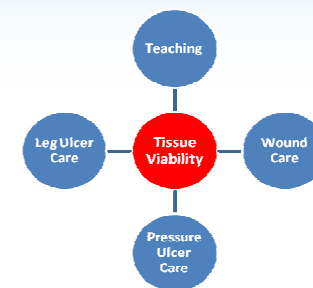
You can be referred to our service by your:

- GP
- Community Nurse
- Practice Nurse
- Hospital Team
- Specialist Nurse
- Community Matron
- Nursing/Residential Home Staff

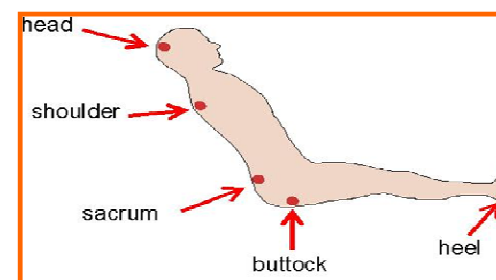
## The Role of the Tissue Viability Service?

### Our Aims

- To promote the best environment for your wound to heal
- To improve your symptoms
- To reduce your risk of developing pressure ulcers (bedsores) and skin damage
- To work with you to plan your care



## Diagram of position of Pressure Ulcer Points



## What will we do to help?

- When we see you we will carry out a thorough assessment of your wound and also of your general health and wellbeing.
- By making such an assessment we can identify any problems that might be delaying the healing of your wound. This may include assessment of your circulation/ assessment of pressure relieving equipment
- We will give specialist advice and support to your Nurse/ Doctor.
- We will work with your doctors and nurses to implement appropriate care and will continue to offer advice for as long as is necessary.
- We will occasionally recommend referral to other specialists for advice and treatment, for example:- vascular surgeons, dermatologists, podiatrist, dietitians other specialist Nurses.
- We may see you on a regular basis if you are able to attend the Luton Treatment Centre.

## What happens when my wound has healed

To keep your skin healthy and prevent recurrence of wounds we can offer advice on:

- Maintaining Healthy Skin
- Checking for skin damage
- Exercise and mobility
- Healthy eating and Hydration
- Smoking Cessation