

Children's Epilepsy Specialist Nursing Service



How can we help?

We provide support and information to:

- Children and young people in Luton diagnosed with epilepsy and to their families, cares and friends.
- Children and young people with difficult to control epilepsy.
- Information to enable children and young people to take part in full life style and all opportunities possible including education.

How do we do this?

Clinics:

- Specialist Nurse clinics - Nurse Led Clinic for first assessment (triage).
- Specialist Nurse Led clinics for review, either by face to face or virtual* face to face clinics (see below).
- Support in consultant epilepsy and neurology clinics.

Transition to adult services for teenagers:

Transition – virtual information session to support transfer to adult services. Face to face transition clinics??

Visits:

- Offered at home, schools or other settings in the community.

Medication and prescribing changes:

- By Specialist Nurse can be done by phone, face to face or virtual* face to face appointments.

Training:

For children and young people prescribed with rescue medication to parents, carers and education staff where required. For epilepsy awareness to education staff and carers.

Support:

Writing care plans-to make sure needs of your child/young person are met in places away from home such as school. Parent Groups. Education Sessions

*Virtual clinic is a different option where you call in using an app which is downloaded with an appointment via your own device e.g. phone, tablet, laptop or PC. You can speak face to face from a location chosen by you.

Which other services do we work with?

The Children's Epilepsy Nursing Service works in partnership with the Luton and Dunstable Hospital to provide a link between the community and acute settings and with Community Paediatricians at the Edwin Lobo Centre, Redgrave Gardens.

We also work closely alongside all the Community Children's Nursing Services, School Nursing Service, Health Visitors CAMHS for psychology support, Children's Disability Team in Social Care, Allied Health Professionals, Social Care, Education and Adult Services to provide consistent care.



For further information about this service contact:

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If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.