

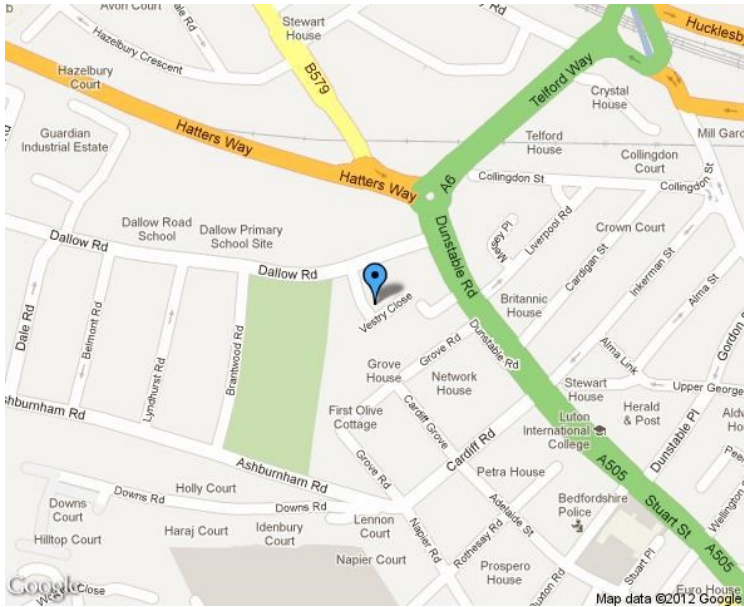
For further information about this service contact:

Luton Treatment Centre, Vestry Close, Luton LU1 1AR
Tel: 0333 405 0040 (8am-5pm) DVT mobile: 07890 011349

Where is Luton Treatment Centre?

Free parking is available at the Luton Treatment Centre- follow the driveway around to the back of the building from the entrance.

Disabled parking and access to the building is also located at the back of the building – follow the signs



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.



Community DVT Service

Patient Information Discharge Advice following DVT Assessment

Luton Treatment Centre



Dear Patient

Your GP referred you for an urgent assessment on your leg today. This is because your GP was concerned that you could have a Deep Vein Thrombosis (blood clot) in your leg.

During your visit to the Luton Treatment Centre today the DVT Nurse Specialist has completed a thorough assessment and blood test to investigate the possibility of a Deep Vein Thrombosis (DVT) being present.

The assessment

- Detailed general medical history
- History of the problem in your leg
- Examination of your leg
- Monitoring your observations of blood pressure, pulse, temperature, respirations and oxygen levels
- Blood test (D. Dimer).

D. Dimer Blood Test

This blood test monitors the amount of D. Dimer present in your blood. D. Dimer is a test used to find any active blood clot formation. (D. Dimer results are elevated when deep vein thrombosis are present). Your blood test showed a low amount of D. Dimer present.

Results of today's assessment

The assessment undertaken today has excluded the possibility of there being a DVT present based on your low blood test result and nursing assessment. You are therefore discharged back to the care of your GP for further investigation if necessary. A discharge letter will have been sent to your GP.

Follow up advice

We would advise you to rest and elevate your leg where possible, take pain relief medication if necessary and arrange to go back to your GP.

Additional information

What is a Deep Vein Thrombosis?

A Deep Vein Thrombosis also known as a DVT refers to the formation of a thrombus in a deep vein. A thrombus is a blood clot. Commonly DVT's are located in the deep veins in the calf or thigh.

Who are the DVT Specialist Nurses:

- Sarah Munroe
- Anita Angelova
- Natalie Clarke

Polite and knowledgeable

The sister was very professional, told me everything

Full info given

First time I have been there, was easy to find and easy to park. The staff was very courteous

Very helpful and Informative

Efficient and informative service

Made me comfortable

Outstanding, nurse gave me so much time, explained everything - wonderful job

On time service, lovely caring staff

Very thorough

No waiting

Very quick, no long waiting, the sister that looked after me was so pleasant

Helpful and informative

I felt Nurse is very caring and professional

DVT Service

feedback