

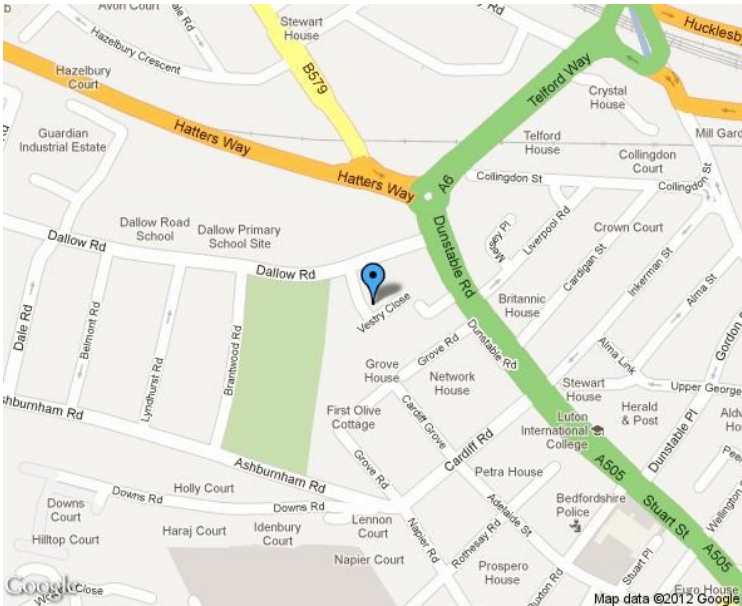
For further information about this service contact:

Luton Treatment Centre, Vestry Close, Luton LU1 1AR
Tel: 0333 405 0040 (8am-5pm) DVT mobile: 07890 011349

Where is Luton Treatment Centre?

Free parking is available at the Luton Treatment Centre- follow the driveway around to the back of the building from the entrance.

Disabled parking and access to the building is also located at the back of the building – follow the signs



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.



DVT Clinic Information

Leaflet for patient's referred to the DVT service

Luton Treatment Centre



Your GP has referred you for an urgent assessment on your leg by the DVT Nurse Specialist today at the Luton Treatment Centre. This is because your GP is concerned that you could have a Deep Vein thrombosis (blood clot) in your leg.

Important information for your appointment

- Attend your appointment at the correct time. If you have any problems attending at the directed appointment please immediately contact the DVT Nurse Specialist.
- Please bring any notes, documents or letters that your Doctor has given to you.

Your appointment

- Please report to the reception desk on arrival.
- A DVT Nurse Specialist will meet you in reception and introduce herself to you. She will begin the assessment by checking your details and describing the nursing assessment process.
- The DVT assessment will take around 45 minutes. It will include monitoring your blood pressure, pulse, weight, temperature and oxygen levels. She will take a detailed history of the problem with your leg and examine of your leg. Your medical history will also be taken. A blood test will also be required.
- The nurse will access the probability of a DVT by using a clinical score. The result of the clinical score dictates what investigation test is required. This will either be a blood test or an Ultrasound Scan or a combination of both.
- Once the nursing assessment is completed the nurse will explain the results and if any further treatment is required. The nurse will answer any related questions you have during and after the assessment process. You will be able to contact the DVT Nurse during any on going treatment during working hours.

What is a Deep Vein Thrombosis?

A Deep Vein Thrombosis also known as a DVT refers to the formation of a thrombus in a deep vein. A thrombus is a blood clot. Commonly DVT's are located in the deep veins in the calf or thigh.

Investigation of possible DVT

The **blood test** is performed on site at the Luton Treatment Centre and takes about 10 minutes to process. The test checks the amount of D.Dimer in the blood, if the D.Dimer level in blood is raised it gives an indication that a DVT **could** be present and further investigation is required by the Ultrasound Scan.

The **Ultrasound Scan** is a scan which is performed at the Luton and Dunstable Hospital Xray Department. This scan will usually be performed the following day or a few days after the nursing assessment. The scan involves a small hand-held device that resembles a microphone being pressed firmly against the skin on the affected leg so that the deep leg veins can be investigated for possible clots. The test takes approximately 15 to 30 minutes to perform. At the end of this scan the professional will inform you of the results.

Who are the DVT Specialist Nurses:

- Sarah Munroe
- Anita Angelova
- Natalie Clarke