## How to treat a hypo



Unconscious or unable to swallow

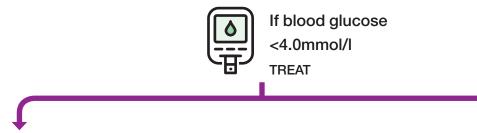
Ring **999** 

Give 1g

Glucose gel

glucagon injection

0 Note: Do not omit insulin if due & review medication, to prevent recurrence



## Conscious and able to swallow

Give 15-20g quick acting carbohydrate.



150-200ml natural



x5 jelly babies

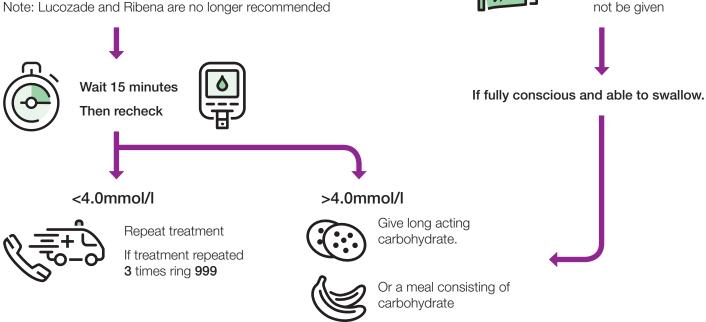


x1.5-2 glucose gel tubes in between the teeth and gums



x5-7 glucose tablets

Note: Lucozade and Ribena are no longer recommended



Adapted from: JBDS (2018), The Hospital Management of Hypoglycaemia in Adults with Diabetes. 3rd edition.

For further information on hypoglycaemia eLearning and other materials contact:

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