## CHECK, CHANGE, CHAT



• PATIENT INJECTING INSULIN? What to include in your consultation.



## CHECK! Have you observed their ...

- □ Insulin pen
- □ Blood glucose meter and book
- □ Insulin passport
- □ Injection technique

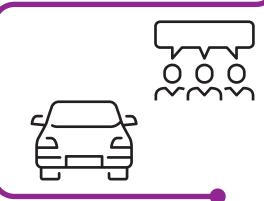
**EDEN TOP TIP** – Do they need replacing? Is the patient still able to use them safely?



## **CHANGE!** are they ...

- ☐ Changing the lancet every test?
- ☐ Changing the needle every injection?
- ☐ Changing the site every injection?

**EDEN TOP TIP** – See for yourself! **ALWAYS** look at and feel injection sites. When changing sites due to lipohypertrophy, reduce Insulin to avoid hypoglycaemia.



## CHAT! always discuss ...

- □ Hypos and treatments
- □ Driving
- □ Sick day rules

**EDEN TOP TIP** – **ALWAYS** discuss hypos. ACT to prevent them.

Check our website, face-to-face and elearning available for all HCPs involved in caring for people living with diabetes.

For further information contact:

Tel: 0116 258 4674 
www.edendiabetes.com







