

Service Information Leaflet

Integrated Community Diabetes Service



Aims of the Integrated Community Diabetes Service

The service aims to provide an easy access specialist nurse-led service in a community setting. Our philosophy is to support patients and health care professionals to manage care safely and effectively in the community. By helping you manage your diabetes we aim to prevent you needing to be admitted to hospital and ensure that all patients have support to manage diabetes at home or in the community where possible.

Who do we support?

We provide diabetes support to adults who have diabetes and are registered with a Luton GP. As a diabetes specialist service we also provide support and educational updates on diabetes for our health care professional colleagues.

How do I access the service?

The usual route into the service is referral by your GP, nurse, or other healthcare professional.

Who delivers the services?

The service is delivered by a team of diabetes specialist nurses, (DSN's) diabetes support workers, dietitians, podiatrists (all are experienced in diabetes and delivering diabetes education) and administrators. Some of the team members speak Urdu and Bengali as well as English.

What services are provided?

Diabetes Education for people with Type 2 Diabetes

Structured diabetes education programmes to support self-management are a big focus of the service. To find out more about these education programmes please ask for diabetes education leaflet(s). N.B. Type 1 Diabetes education is provided by the hospital DSNs. GP or nurse referral is required to access these programmes.

Routine Diabetes reviews for people who are housebound

This service is only for people who are not able to attend their GP practice.

Urdu and Bengali Diabetes support

Education programmes delivered in Urdu and Bengali. If diabetes control is poor this is followed by individual support for up to 6 months on the award winning Diabetes Mentorship Programme.

Diabetes Specialist Nurse and Dietitian Clinics

Instead of being referred to hospital to see a DSN or Dietitian, your GP or Nurse can refer you to these clinics. If housebound you can be seen at home

Podiatrist Clinics for acute foot problems

Previously these clinics were only available in a hospital setting. If you fit the criteria to be seen in these clinics you will be informed when referred.

A programme of diabetes education and Link meeting

These are provided to share our specialist diabetes knowledge with our colleagues e.g. GPs, Practice Nurse, Community Nurse and carers.

Where are the clinics held?

Whilst most of the services are delivered in Luton Treatment Centre some structured diabetes education are also delivered at various venues around Luton.

Finally.....

Our focus is to provide you with a quality service. We therefore hope your experience with the Diabetes Services is a very positive one. We always welcome your comments as these will help us continue to design a Diabetes Service that meets the needs of the community in Luton.

Diabetes information

Bedfordshire Diabetes Guide Lines
www.bedfordshirediabetes.org.uk

Diabetes UK
www.diabetes.org.uk
020 7424 1000

For further information about this service contact:

Integrated Community Diabetes Services

Clinical base:
Luton Treatment Centre

Office Base:
The Poynt,
Unit 2 - 3 Poynters Road,
Luton,
LU4 0LA

Tel 0333 405 3128
Email CCS-TR.diabetesluton@nhs.net



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any concerns about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on Freephone 0800 408 0199 or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.