

For further information about this service contact:

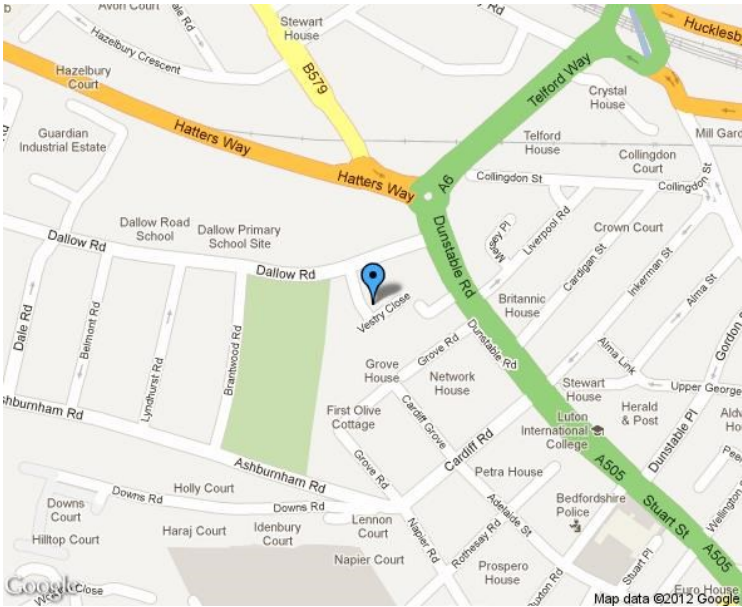
Luton Treatment Centre, Vestry Close, Luton LU1 1AR

Tel: 0333 405 0040

Where is Luton Treatment Centre?

Free parking is available at the Luton Treatment Centre- follow the driveway around to the back of the building from the entrance.

Disabled parking and access to the building is also located at the back of the building – follow the signs



The Anticoagulant Clinic  
Luton Treatment Centre

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit [www.cambscommunityservices.nhs.uk](http://www.cambscommunityservices.nhs.uk) and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: [ccs-tr.pals@nhs.net](mailto:ccs-tr.pals@nhs.net).

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.



## Dear Patient

You have recently been transferred to join our Anticoagulant (Warfarin) clinic here at the Luton Treatment Centre by the Nurses at the Luton and Dunstable hospital.

Please bring a list of medications that you are currently taking along to your first appointment here and this will be reviewed by the Anticoagulant Nurse and other information after your blood test.

We would like to welcome you to our clinic and we look forward to seeing you

Kind Regards,

The Anticoagulant Team

## Clinic information: Clinics are Tuesdays and Thursdays - 08.30 - 10.30

When attending the clinic for your appointment please take a numbered ticket from the red ticket dispenser located at reception. You will then be called in number order to have your INR blood test. The blood test is taken via a finger prick sample which will give an immediate blood test result.

If your INR result is in range, you will then be free to go home continuing your current dose. Your Anticoagulant dosing letter will be sent by post by first class. Your dose and next appointment are documented on the Anticoagulant dosing letter. If you cannot attend the next planned appointment for any reason, please contact us on 0333 405 0040 to rebook.

If your INR is out of range, you will then be directed to see the Sister who will advise you of your Warfarin dose and next appointment before you leave clinic.

## Important information

It is very important that you inform the clinic of any changes:

- Medication - for example starting or stopping medications. Providing the name of the medication and any start, stop dates
- Changes to eating habits - for example starting a weight reduction diet, unable to eat as usual maybe due to an illness or nausea and vomiting.
- Planned investigation, treatment & admission to hospital
- Missed warfarin tablets
- Taking a different dose of warfarin to what is documented in your dosing letter.
- Forthcoming holidays or trips away that will affect attending for your next appointment.
- Any required referrals for weight management, stop smoking or any alcohol intake concerns.

If you are unable to attend your appointment or if you would like to speak to a nurse about your Warfarin therapy please contact the Luton Treatment Centre reception before the day of your appointment on 0333 405 0040.

If you would like more information please contact the Luton Treatment Centre reception on 0333 405 0040.

## Anticoagulant Nurses:

Sarah Munroe

Anita Angelova

Natalie Clarke

