

For further information about this service contact:

Looked After Children's Health Team
Redgrave Children & Young People Centre
Redgrave Gardens
Luton LU3 3QN

Office open: 09:00 – 17:00 - Mon – Fri

Tel: 0300 555 0606

Email: ccs.beds.childrens.lac@nhs.net



Children's Community
Health HUB

Your one stop
contact point

Tel: 0300 555 0606

Email: ccs.bedsandlutonchildrenshealthhub@nhs.net

Health Services for Looked After Children

Check out our social media pages
for more information too:



@LutonCommNHS

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.



Your Questions Answered

Why me?

All children who are looked after (that means social services have some responsibility for their care) must, by law, have a health assessment when they first become looked after, and then every year, if you are over five years until 18 years of age. If under the age of five, they must have a Review Health Assessment every six months.

The Health assessments are done to make sure you are fit and healthy and are getting all the help you need to stay that way.

Who will do it?

Your first appointment will be with a paediatrician (a special doctor for young people) after this your annual Review Health Assessment will be with a nurse who works in the community – this could be a looked after children's nurse, a school nurse or a health visitor. Whoever you see, they won't have a uniform.

Where will it be done?

For your first appointment you will be seen at the Edwin Lobo Unit or another Health Centre. For Review Health Assessments you may be seen at home, in school or at a health centre, this will depend on who is doing the assessment. The date, time and place will be discussed before the appointment is made.

What will happen at the First Health Assessment?

For your first appointment, some of the things the doctor may do are: listen to your heart, check your eyes and ears, take your blood pressure and record your growth. All this will be explained to you and nothing will be done without your permission.

Review Health Assessments are the opportunity to make sure you remain healthy, check your growth and ensure actions from previous Review Health assessments have been completed.

Review Health Assessments are your chance to talk about any aspects of your health that you may be worried about. Feel free to ask any questions.

What happens after the Review Health Assessment?

If the Review Health Assessment shows that you need to see somebody else, or need to have some treatment, this will be organised.

If anything that is discussed needs to be shared with anybody e.g. your GP or a social worker, you will be told about this so that you can give your permission.

There will be a health plan written from the Review Health Assessment that will say what needs to be done, who by and when it needs to be completed. This is sent to others involved in your care to make sure they complete the actions.

Space for additional notes