For further information about this service contact:

Edwin Lobo Centre
Redgrave Gardens Luton
LU3 3QN

Email: edwinlobocomms.S1@nhs.net
Tel: 01582 700300

Directions:
From M1 Junction 11 Exit at Junction 11, follow signs directing to Luton (Northbound turn, left 1st exit, Southbound turn right, 3rd exit). At traffic lights turn right onto Lewsey Road. At traffic lights turn right onto Leagrave High Street. After traffic lights continue onto Grange Avenue. After traffic lights continue under railway bridge. At roundabout take 2nd exit onto Bramingham Road. Next roundabout take 2nd exit (Bramingham Road). Next roundabout take 1st exit onto Northwell Drive. Go straight over next roundabout. Turn right into Redgrave Gardens.

From the A6, Barton/Bedford At Icknield Way roundabout take 2nd exit onto Icknield Way, 2nd exit next roundabout, 2nd exit next roundabout onto Bramingham Road. At roundabout take 2nd exit onto Northwell Drive. Straight over next roundabout. Turn right into Redgrave Gardens.

Bus Route: Arriva 24, 25, 27, Centre Bus Number 10

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.
What is GDD?
Global Developmental delay is a name (‘diagnosis’) given by doctors when a child has not reached two or more of their developmental milestones at an expected age.

What causes GDD?
There are many different causes of GDD including genetic disorders, metabolic disorders etc. Many children do not have an identifiable cause for their difficulties but this should not make any difference to how your child will be supported. It is important to remember that GDD can affect children from all backgrounds and you should not feel to blame for your child’s difficulties.

How can I help my child at home?
There are a large number of things that you can do at home and you are probably already doing lots of them! There are some separate leaflets about the different difficulties children may have and how to support these. Please ask us at the Edwin Lobo Centre (ELC) for these if you have not already been given them.

Will my child catch up?
The term ‘delay’ is misleading as it is uncommon for children to simply ‘catch up’. Most children with GDD continue to have difficulties as they get older. Children are often diagnosed with learning difficulties/disabilities when they start school. Please make sure you speak to the SENCO at your child’s school if you have concerns about your child’s support/progress.

What will happen as my child gets older?
It is not really possible to predict how your child will progress over time, but it is important to ensure that they are receiving the right support within and outside school so that they can make progress along their own individual path. Try to treat any progress your child makes as a success of your and their hard work.

My child loves technology – Is this OK?
Lots of children love technology. However try to ensure some screen free time for you and your child (the more the better) where you can play with your child without background distractions. Interacting and playing with children at their developmental level increases brain connections and teaches them lots of different things.

What else should I know?
Having a child with GDD can be hard work and it is really important for you to look after yourself as well as your child. You may find speaking to other parents of children with similar difficulties may be helpful. There are two local parent carer forums who can help you with this and also signpost you

Where can I get help?

**LOCALLY**
Your Health Visitor (HV) will be able to support you with any questions you may have and also provide ideas to support your child’s development.

Luton and Central Beds HV team - Tel: 0333 405 0087/0333 405 0090

Parent Carer forums - great resources to help parents and carers. They even helped design this leaflet!

Luton Parent Carer forum (LPCF) [lutonforum.org.uk](http://lutonforum.org.uk)
Tel: 07534 625066/07985 470156

Central Bedfordshire Parent Carer forum (SNAP) 
Tel: 07984 545044

Special Educational Needs and Disability (SEND) parent, children and young person partnership services (maybe referred to by some as Parent Partnership or SENDIASS) offering a range of free and confidential education support services for parents/Careers of children with SEND.

Luton: [www.luton.gov.uk/Education_and_learning/Special_educational_needs/Pages/Luton-SENDIAS-service.aspx](http://www.luton.gov.uk/Education_and_learning/Special_educational_needs/Pages/Luton-SENDIAS-service.aspx)


**Local Offer**


**NATIONALLY**
Children’s Sleep Charity - supporting children with sleep issues [www.thechildrenssleepcharity.org.uk](http://www.thechildrenssleepcharity.org.uk)  Tel: 01302 751 416

Contact (previously Contact a Family) – for families with disabled children [www.contact.org.uk](http://www.contact.org.uk)  Tel: 0808 808 3555

Mencap - A charity working with people with Learning Disabilities [www.mencap.org.uk](http://www.mencap.org.uk)  Tel: 0808 808 1111

SOS SEN - A national charity supporting children and young people with special educational needs and disabilities. [www.sossen.org.uk](http://www.sossen.org.uk)  Tel: 0300 302 3731

CEREBRA - Working wonders for children with brain disorders. [www.cerebra.org.uk](http://www.cerebra.org.uk)  Tel: 0800 328 1159

Whatever you are doing, try to have fun with your child and enjoy what they CAN do.

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**What is a developmental milestone?**
A milestone is an ability reached by a child (usually by a certain age) – an example of this is ‘first smile’ ‘first step’ ‘first word’.

**What is a genetic disorder?**
A genetic disorder occurs when there is a problem in a person’s DNA.

**What is a metabolic disorder?**
A metabolic disorder occurs when the body’s usual way of making and using energy does not work properly.