Information about your Paediatric Medical Appointment

Community Paediatrics
Your child has been referred to the Community Paediatric Service

We are a team of Children's doctors (Paediatricians) comprising consultants, specialists and senior training grade doctors (Registrars). We work in a variety of locations throughout Cambridgeshire. Your child may have been referred to us from a variety of sources, including your general practitioner, school, health visitor, school nurse or other health professional. We see children for a number of reasons, including concerns about development or educational progress and children with complex medical needs.

What to expect at your first Paediatric appointment

Your child’s first appointment will usually last about an hour. The doctor will ask you about the concerns you have and also ask more general questions regarding your child’s health, development and family history. Your child will usually be weighed, measured and examined. The doctor will then discuss their findings with you. Please note that we are a teaching placement so medical and nursing students may be present. Please let us know if you do not wish a student to be present.

At the end of the appointment the doctor may wish to organise further tests as well as assessments by other professionals. We may need to see you again for a follow up appointment once this information has been gathered.

Some things to bear in mind for the appointment

Sometimes parents wish to have a discussion with the doctor without their child present. Should this be the case please arrange for another adult to come with you so that your child can be supervised whilst you talk in private.

It is common for us to need to liaise with your child’s school, local Children’s Centre and other teams that may be involved, in order for us to have a complete picture of your child.
We will seek your consent to share information. After the clinic we will write a letter summarising the appointment. You will receive a copy of this. With your agreement we may copy this to other professionals involved with your child.

**What to bring to the appointment**

If possible please bring your child’s health record (The ‘Red Book’), especially if your child is under five. Please also bring reports from other professionals and the latest school report if you have them.

**Contacting us**

If you cannot attend the appointment offered please contact us as soon as possible so that we might offer it to another family. We will invite you to attend on an alternative date. See contact details below.

We look forward to meeting you soon!
For further information about this service contact:

Community Paediatrics
The Peacock Centre
Brookfield's Campus
351 Mill Road
Cambridge
CB1 3DF

Tel: 01223 218072

Email: ccs-tr.communitypaediatricssouth@nhs.net

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.