

Medication Review

Patient Information



What is a medication review?

A medication review is a meeting with a Clinical Pharmacist to talk about your medicines - this can be at the surgery or in your own home.

It is an opportunity to check your medications are the best ones for you and to make changes if needed.

It gives you a chance to discuss how you feel about your treatments and to talk about side effects or any concerns you have.

What do I need to do?

- Make sure you know who, where and when your appointment is - contact your GP receptionist to make changes.
- Bring all your medication to your appointment - this includes tablets, liquids, devices such as an inhaler, drops, creams and please include any vitamins or herbal medicines.
- Think about any questions you have about your medication - it might be helpful to write these down and bring along to the appointment e.g.
 - What do I do if I miss a dose ?
 - I am getting side effects
 - Are there any other options?
- Discuss the medication review with your family/carer. You can ask them to come with you to the appointment.



What happens at the review appointment

- Your appointment is with a Clinical Pharmacist.
- The appointment will take approximately 45 minutes.
- The Clinical Pharmacist will gather information about your medications by asking questions and checking your medical records.
- You will be given the opportunity to ask questions.
- The Clinical Pharmacist will discuss with you any changes he/she recommends.
- Any changes will be discussed with your GP and no changes will be made without your agreement.
- Future appointments will be advised.

For further information about this service contact:

Primary Care Home Luton
The Poynt, Unit 2-3
Poynters Road
Luton LU4 0LA

Tel: 0333 405 3000

Working in partnership with:

- Luton Clinical Commissioning Group
- Luton GPs



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.