

# Parkinson's Disease Nurse Specialist Service



## **What are the objectives of the service?**

- To provide support for people with Parkinson's disease and their carers.
- To assess current condition and symptoms.
- To ensure best practice.
- To advise on treatment.

## **Who are we?**

- The service is provided by a Parkinson's Disease Nurse Specialist.

## **What can we provide?**

- Nurse led clinics in Luton at a venue near your home.
- Home visits for those unable to attend clinics.
- Telephone advice.
- Multi-agency referrals as appropriate.
- Education of professionals involved in your care.
- Ward review of patients admitted to the Luton and Dunstable hospital.

## **Where do we work?**

### **Clinics are available at the following venues:**

- Luton Treatment Centre, 9 Vestry Close, Luton, LU1 1AR
- Larkside Practice, 322 Crawley Green Road, Luton, LU2 9SB
- Marsh Farm Health Centre, The Moakes, Luton, LU3 3SR
- Luton and Dunstable Hospital, Lewsey Road, Luton, LU4 0DZ

Home visits are also available for those unable to travel to a clinic.

## **Who do we see?**

People who have a Luton based GP and who have a diagnosis of Parkinson's disease, Multi-System Atrophy, Progressive Supranuclear Palsy or Cortico-Basal Degeneration.

Due to work load commitments we are unable to see people who have other forms of "Parkinsonism" e.g. Dementia with Parkinson's or vascular Parkinson's.

## **Referral route**

Referrals are accepted from:

- GPs
- Hospital consultants
- Nurses
- Social services
- Other healthcare professionals

We are unable to accept self referrals.

## **Hours of work**

The service is available Monday to Friday 8am to 4pm.

There is no cover at weekends or on bank holidays, or when the nurse is on annual leave.

Telephone messages will be responded to within three working days.

## For further information about this service contact:

Parkinson's Disease Nurse Specialist  
Cambridge Community Services NHS Trust  
Units 2-3  
The Poynt  
Poynters Road  
Luton LU4 0LA

Tel: 0333 405 3000

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: [ccs-tr.pals@nhs.net](mailto:ccs-tr.pals@nhs.net).

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.