



3 Discover research in your clinical field

Want to stay informed about the latest practices and treatments in your clinical specialty? NIHR Evidence is a store of readable summaries of the latest research funded by the NIHR.

Search for research in your clinical area or browse the latest short summaries (Alerts) and longer in-depth reads to stay abreast of the latest insights into healthcare, which include commentaries from patients, professionals and charities.

With 100 Alerts published every year there is likely to be something relevant to your area of work. You can also sign up to the Evidence newsletter to receive monthly updates.

Visit www.nihr.ac.uk/yourpath

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4 Take an online health research course

NIHR's free online learning course 'Improving Healthcare Through Clinical Research' is for health and social care professionals and practitioners who want to find out more about the role of clinical research in improving healthcare. The course lasts for four weeks, requiring four hours a week study.

The course explores clinical research – its challenges and its huge benefits to modern healthcare. You will work through case studies and examine how research contributes to the treatment of major diseases, such as cancer and dementia, examining the process of conducting research and the ethical questions raised.

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4 Ways to get involved with research



YOUR **PATH**
IN RESEARCH

Develop your career and improve patient care

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Why is research important?

COVID-19 has shown that when healthcare professionals work with research teams to embed research in care and treatment pathways, it enables huge improvements in patient care while creating opportunities for individual professional development.

Did you know? Hospitals that are more research active have lower mortality rates than those that are not. Overall, NHS trusts that deliver more research produce better patient outcomes, and a growing body of evidence supports this.

You don't need to be employed as a researcher to get involved in research. Understanding what research is, what's happening and being able to talk to colleagues about research is vital.

Your path in research can start now with just a few minutes of your time. Here are four ways to get involved.



1 Contact your local R&D office

Are you interested in research but don't know where to start? Most NHS trusts have research departments who can advise on what current research is taking place in your organisation. Use the NHS R&D Forum website to find the contact details of your local R&D office.

You can also look out for talks and presentations from research-active staff, both during October as part of the Your Path in Research campaign and throughout the year.

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2 Find research opportunities for your patients

The Be Part of Research website enables patients and members of the public to find opportunities to take part in research. Thousands of current opportunities are listed and searchable by health condition, location and other filters.

Healthcare professionals can use this resource to seek out opportunities for patients under their care to take part in research. It also gives patients the opportunity to learn more about their condition and potential treatments.

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