

Who is funding the research?



The Wellcome Trust

The POPPY study is funded by The Wellcome Trust, a global charitable foundation that supports science and research into urgent health challenges that face the population

Sponsorship

The Study is sponsored by the University of Cambridge and Cambridge University Hospitals NHS Foundation Trust

Study Sites

Lead Site: Cambridge
London*
Glasgow

Contact Us

If you have any questions about POPPY or would like to know more, please contact the POPPY Research Nurse, Evita, at Addenbrooke's Hospital in Cambridge.

Phone

01223 586 852

Email

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or visit the POPPY website

www.poppyuk.net

POPPY

Preconception to pOst-partum
study of cardiometabolic health
in Primigravid PRegnancY

Are you thinking about getting
pregnant for the first time or
actively trying?

Interested in women's health
research and taking part in an
exciting nationwide study?



Scan the QR code
for
more information
and a chance to
receive Ovulation &
Pregnancy testing
kits*

*Subject to eligibility and participation

Why are we doing the research

Women who experience placental complications during pregnancy, such as pre-eclampsia (high blood pressure and kidney problems), high blood pressure during pregnancy, and fetal growth restriction (baby being small) have twice the risk of developing heart disease and diabetes later in life, compared with women who have a healthy pregnancy

We wish to understand more about this risk by studying women before, during and after pregnancy. We hope that by understanding this risk we can improve women's health over their lifetime

What will happen if you take part

If you would like to take part, please get in touch with the POPPY research nurse/midwife via phone or email or using the QR code or website. You can then discuss the study further

If you decide you would like to take part and are eligible, we will invite you to come to the hospital for an initial appointment before you become pregnant

We will then see you again during and after your pregnancy (up to six more times). At each visit we will ask you some questions, take some blood and perform some other simple measurements, all of which are safe in pregnancy

POPPY alongside your maternity care

If you decide you would like to participate in POPPY, your routine maternity antenatal appointments will continue as usual. Seeing the POPPY midwife or nurse throughout your pregnancy will add another layer to your care

The POPPY study does NOT replace your routine midwife appointments

Withdrawal from the study

You can withdraw from the study at any time during your participation