If you have any concerns about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on Freephone 0800 013 2511 or email: ccs-tr.pals@nhs.net

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service using the details on the inside back cover.

Polish: Jeżeli potrzebujesz tych informacji w innym formacie, jak na przykład w dużej czcionce, w formacie audio lub w innym języku, prosimy o kontakt z Cambridgeshire Community Services NHS Trust (Publiczny Zespół Opieki Zdrowotnej i Środowiskowej) pod numerem telefonu: 01480 308216 lub email na adres: ccscommunications@ccs.nhs.uk

Portuguese: Se precisar desta informação em formato diferente, tal como impressão em letra grande, cassete áudio ou noutra língua, por favor contacte o Cambridgeshire Community Services NHS Trust (Trust NHS dos Serviços Comunitários de Cambridgeshire), através do telefone 01480 308216, ou envie um e-mail para: ccscommunications@ccs.nhs.uk

Russian: Если данная информация требуется в другом формате, например крупным шрифтом, аудиозаписи или на другом языке – просим обращаться в Социальные Службы Общественного Фонда Здравоохранения Графства Кембриджшир, по телефону 01480 308216 или отправлять электронное сообщение по адресу ccscommunications@ccs.nhs.uk

Cantonese: 本資料亦以特大字體、錄音形式或其它語文提供，如有需要，請聯絡劍橋郡社區服務國家健康信託（Cambridgeshire Community Services NHS Trust），電話01480 308216；電郵地址ccscommunications@ccs.nhs.uk

Bengali

Turkish: Eğer bu bilginin kendi dilinizde çevirisi (ya da daha büyük harflerle baskısi veya kasete kayıtı halini) isterseniz, lütfen Cambridge Bölgesi Kamu Hizmetleri Ulusal Sağlık Hizmeti Birimini (Cambridgeshire Community Services NHS Trust) 01480 308216 no’lu telefon numarasından arayın veya ccscommunications@ccs.nhs.uk adresine e-mail gönderin.

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Tel: 01480 355184 / 308216
Email: ccscommunications@ccs.nhs.uk
Website: www.cambscommunityservices.nhs.uk

Cambridgeshire Community Services NHS Trust: providing services across Cambridgeshire, Peterborough, Luton and Suffolk

Providing a lifetime of care
What is the medicines management service?

This is a service offered by the Cambridgeshire Community Services NHS Trust across Cambridge City and South Cambridgeshire. Its purpose is to help you obtain the maximum benefit from the medicines you are taking.

Who can use this service?

Anyone who has concerns about their medicines can use this service. If you have concerns about someone you know, tell them about this service and let us help them.

Is this service free?

YES. The service is provided by the NHS.

Do you have questions but not sure who to ask?

- Do you have problems remembering to take your medicines?
- Are you unsure of how to take your medicines or for how long?
- Do you have difficulty in reading the labels or getting the tablets out of bottles or boxes?
- Do you have problems in swallowing any tablets?
- Do you think your medicines aren’t working or that you’re taking too many?
- Do you have lots of unused or old medicines at home?
- Do you have problems in getting your prescriptions from your GP surgery or pharmacy?
- Have you recently been discharged from hospital and your medicines been changed?

Further information……..

If you need more information about your medicines ask:

- Your doctor
- Pharmacist
- NHS 111

How do I arrange a visit?

Please contact 01223 726481 - for an appointment. This will be a friendly, informal visit to your home.

If you prefer, the appointment could be conducted at the surgery. The appointment will be made when it is convenient for you.

For further information about this service contact:

Marion Rayner
Specialist Pharmacy Technician
Domiciliary Medicines Management Service
18-20 Signet Court
Swanns Lane
Cambridge
CB5 8LA

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