## **NIHR** Clinical Research Network Eastern



## **Getting Involved in Research!**

A newsletter for Patients and the Public in the Eastern Region

The NIHR Clinical Research Network (CRN) Eastern produces a monthly newsletter aimed at past and present research participants, public contributors, research champions and members of the public.

The newsletter is packed with information and ways of getting involved in research.

## You can sign up to receive our monthly newsletter by:



Completing our short online form by copying and pasting this URL address into your computer browser: <u>https://forms.gle/te5ee5WV8nGsAFJAA</u>



Or, by completing our short online form by scanning this QR code using your smart phone:





Or, by contacting us to let us know that you'd like to receive the newsletter



By email: <u>crneastern.ppi@nihr.ac.uk</u>



By telephone: 01603 287472

Or by post: PPIE Team, CRN Eastern, 20 Rouen Road, Norwich, NR1 1QQ

A printed newsletter is available on request.

You can ask to be removed from the mailing list at any time, just contact us and let us know.

## www.bepartofresearch.nihr.ac.uk