

Patient Story: "My experience of the Brief Observation of the Symptoms of Autism (BOSA)"

Patient Profiles:

Eva

- Mother of two
- Eldest son ('G')
- Youngest son ('D')



'D'

- Aged 11
- Attended a **BOSA clinic** in December with his mother (Eva)
- Diagnosed with Autism and ADHD and learning difficulties

"I was surprised to receive the diagnosis by email..."

'G'

- Age 13
- Diagnosed with Autism, ADHD, coeliac, eating disorder, learning difficulties and sensory issues

Link to a video of the BOSA co-production journey:
<https://vimeo.com/560809268/69b3fa6955>

Waited six months

Eva waited for an appointment to take 'D' to the clinic to have a BOSA. This change to a BOSA was as a consequence of Covid.

October

(BOSA took place)

Eva and 'D' attended the BOSA clinic. Eva found the BOSA clinic much more helpful than the assessment-based method used to diagnose her eldest son.

November

(After BOSA clinic)

Eva was emailed 'D's diagnosis of Autism. Eva contacted the clinician for help understanding the report. She felt a little abandoned – as if someone had sent her the diagnosis and then left her alone.

"I was feeling nervous because English is my second language and I was worried I wouldn't understand everything."

"I am waiting for a medication appointment but I don't know how long this will be."

"I am worried about D's concentration...he starts a new school in September"

PATIENT STORIES