

## Resources for parents of children with additional needs – Covid-19

### Local Authority support

[https://www.centralbedfordshire.gov.uk/info/26/public\\_health/737/coronavirus - covid-19/9](https://www.centralbedfordshire.gov.uk/info/26/public_health/737/coronavirus_-_covid-19/9)

[https://www.luton.gov.uk/Health\\_and\\_social\\_care/coronavirus/Pages/default.aspx](https://www.luton.gov.uk/Health_and_social_care/coronavirus/Pages/default.aspx)

### Information for children

<https://www.childrenscommissioner.gov.uk/coronavirus/resources/>

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf>

### Children with disabilities and additional needs

<https://contact.org.uk/advice-and-support/covid-19/coping-at-home/>

<https://councilfordisabledchildren.org.uk/help-resources/resources/covid-19-support-and-guidance>

<https://www.autism.org.uk/services/helplines/coronavirus.aspx>

<https://www.autistica.org.uk/what-is-autism/coronavirus>

<https://www.carersinbeds.org.uk/>

<https://www.rarechromo.org/families>

<https://www.scope.org.uk/coronavirus-information/>

<https://cerebra.org.uk/>

<https://www.epilepsy.org.uk/info/daily-life/safety/coronavirus-covid-19>

<https://www.rcpch.ac.uk/resources/covid-19-resources-parents-carers#other-advice-for-parents-and-families>

### Mental health

<https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/>

<https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/>

### General

<https://www.citizensadvice.org.uk/local/luton/>

<https://www.dunstablecab.org.uk/>

<https://www.leightonlinladedcab.org.uk/>

<https://www.carersuk.org/help-and-advice/coronavirus-covid-19/coronavirus-covid-19>