

## Cambs Autism / Neurodiversity Resource Links

There are a range of services available locally to support children, young people and families.

Further information on these services is available below:

## Information and Organisations on ADHD



Our information about ADHD, with lots of useful resources and links, is on our website and can be found here: <a href="https://www.bit.ly/Comm-Paediatrics-ADHD">www.bit.ly/Comm-Paediatrics-ADHD</a>

There is also the Royal College of Psychiatry website: <a href="www.bit.ly/rcpsych-adhd">www.bit.ly/rcpsych-adhd</a> - please search for 'ADHD for parents and carers.'





ADHD UK charity website: www.bit.ly/adhd-uk

ADDISS: www.bit.ly/addiss



## **Information and Organisations on Learning Disability**



Our website has some useful information: <a href="https://www.bit.ly/commpaeds-devdelay">www.bit.ly/commpaeds-devdelay</a>

**Learning Disability Matters:** <a href="https://www.bit.ly/learningdisabilitymatters">www.bit.ly/learningdisabilitymatters</a>



## **Information on Mental Health**



If you have concerns about your child's mental health, there is further advice and information about local support here: <a href="https://www.bit.ly/keep-your-head">www.bit.ly/keep-your-head</a>

**Local mental health services can be accessed through YOUnited;** information about referral, including links to crisis advice can be found here: <a href="www.bit.ly/cpft-younited-195">www.bit.ly/cpft-younited-195</a>



Also, it may be helpful to talk to your child's school about accessing support through them e.g., school-based counselling or play therapy, the Mental Health Support Teams or the Emotional Health and Wellbeing service.

The Emotional Health and Well Being service is a service where school can access advice on how to support children's emotional needs at school; sometimes offer a professional to work with the child and can help liaise and communicate between different agencies involved.

This requires a professional to refer your child: <a href="www.bit.ly/ehw-service">www.bit.ly/ehw-service</a>

