



**Bedfordshire  
Community  
Health Services**



# Information and advice about moving from a Rehabilitation Bed to Residential or Nursing Home Care - Self Funded



Bedfordshire adult and children's community health services are provided in partnership by East London NHS Foundation Trust (ELFT) and Cambridgeshire Community Services (CCS) NHS Trust

**The aim of this leaflet is to provide advice about 24 hour care if you are "Self Funding".**

If the Rehabilitation Unit therapists consider you to need 24 hour care or that it is not safe for you to go home they may recommend that you need placement in a Residential or Nursing home. Some people also choose to go to a care home for an interim period of respite care before returning home (ie if they are waiting for home adaptations, waiting for a place at their chosen care home or because of social or health reasons).

The Therapists will refer you to a Social Worker. The Social Worker may attend the four week meeting or may see you and your family at a later date.

Your ability to make an informed decision is central to the discharge process. If you are unable to make an informed choice, a decision will be made in your best interests in consultation with people who know you.

**The Social Worker will guide you through the process, but a brief outline is as follows;**

First the rehabilitation therapy team will advise if you need a residential home or a nursing home placement. Residential homes have District Nurses who can visit for basic nursing needs. Nursing homes have Registered Nurses on site who care for patients with more complex nursing needs.

The social worker will talk to you about what your wishes are and about your discharge plans and care. The Social Worker will also advise you about who will fund the care placement.

If you have over £23,250 in savings (please see your local council's website for guidance about owned property), then you will need to fund your own care - you will be "self funding". Usually if you are self funding, you and your family will source the care home yourselves. Details of all the local care homes can be found on your local councils website or in their care directory. It is recommended that you and your family arrange to visit the home and look at their CQC report.

If you are self funding it is up to you which care home you choose and how much you are prepared to pay for the care. Sometimes people choose to move to a care home closer to their family - you will need to look at that areas council website for care homes in that area.

If you or your family are unable to arrange a care home, the Social Worker can arrange/set up the placement for a set fee.

Typically a residential home will be anything from £600 - over £1000 a week. Nursing homes are generally more expensive than residential homes.

In the future, if your savings deplete to £23,250, please contact Social Services to request a financial assessment. Please be aware that if Social Services take over funding your placement, they have a set upper limit of funding. If you are privately funded in a care home that does not accept social services rates, social services may request you are moved to a care home that does accept their rates. Therefore it is recommended when you are choosing a home initially you ask about this from the start so you are clear what could happen in the future.

If you move to a Nursing home, the home will apply for a "Funded Nursing Care Contribution" which is paid to the Nursing home by the NHS for the nursing element of your care.

**Once you have found a care home you like you need to ask when a bed will be available.**

If you are no longer engaging in rehabilitation the NHS rehabilitation funding will end.

The ABI Coordinator will advise you of the date when the rehabilitation funding ends.

If a bed at your chosen care home is not available until after that date;

- you have the choice to move to an interim care home,
- or you could ask the rehabilitation unit if you can pay privately to stay there until your bed is available.

Please be aware that the Rehabilitation Units are specialist facilities their fees will be higher than a normal care home. It is up to you to discuss with the unit manager what their fee is.

If the bed at your chosen care home is available before the end of the rehabilitation funding - it is up to you when you want like to move - you do not have to stay until the funding end date

## For further information about this service contact:

- Susan Cassels, Clinical Coordinator, Acquired Brain Injury Service  
Tel: 01234 310404
- Visit: [www.carechoices.co.uk](http://www.carechoices.co.uk)
- Bedford Borough Council  
Tel: 01234 267422     [www.bedford.gov.uk](http://www.bedford.gov.uk)
- Central Bedfordshire Council  
Tel: 0300 300 8303     [www.centralbedfordshire.gov.uk](http://www.centralbedfordshire.gov.uk)

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

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If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: [ccs-tr.pals@nhs.net](mailto:ccs-tr.pals@nhs.net).

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.