



Dear Parent / Carer

Your child is entering their second year. They are learning lots of new skills every day such as talking and brushing their teeth. All children develop these skills but they might develop these skills at a slightly different time and pace to their friends.

For more information about the new skills they are learning and their development please visit our website.



<https://www.cambscommunityservices.nhs.uk/luton/childrens>

Your child's next health and development check is at the age of 2 1/4 yrs. with the 0-19 Team.

In the meantime if you have any concerns in regards to your child's health, development, safety, oral health, immunisations, diet, behaviour, toileting or speech & language development please contact your local 0-19 Team via the Health Hub.

Children's Community  
**Health HUB**



Email: [ccs.bedsandlutonchildrenshealthhub@nhs.net](mailto:ccs.bedsandlutonchildrenshealthhub@nhs.net)

**Your one stop  
contact point**

**Tel: 0300 555 0606**

**Monday – Friday 9am to 5pm  
or  
text our Parentline service:  
07507 331886**

Check out our social media pages:



[facebook.com/  
LutonCommNHS](https://facebook.com/LutonCommNHS)



[instagram.com/  
LutonCommNHS](https://instagram.com/LutonCommNHS)



[twitter.com/  
LutonCommNHS](https://twitter.com/LutonCommNHS)

The insert is also available in different languages and can also be read, listened to, or downloaded from our website:



SCAN ME

[www.cambscommunityservices.nhs.uk/NowYouAre2](http://www.cambscommunityservices.nhs.uk/NowYouAre2)



SCAN ME

You can view the insert as an animation here:  
[vimeo.com/617860802/9ef48523f0](https://vimeo.com/617860802/9ef48523f0)

**Happy Parenting!  
From Luton 0-19 Team**

