

Introducing Solids





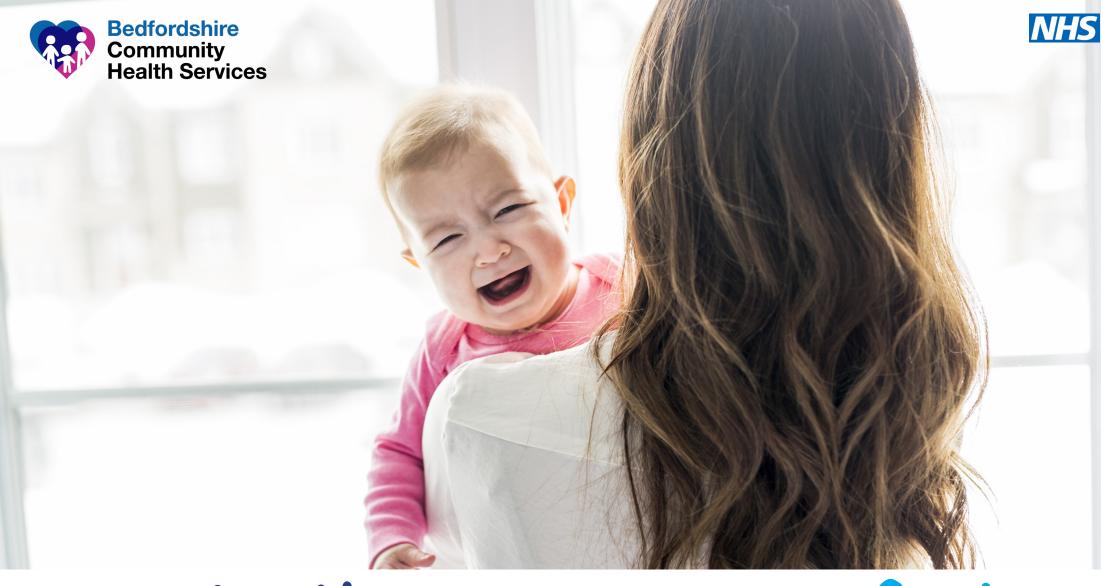
Feeding



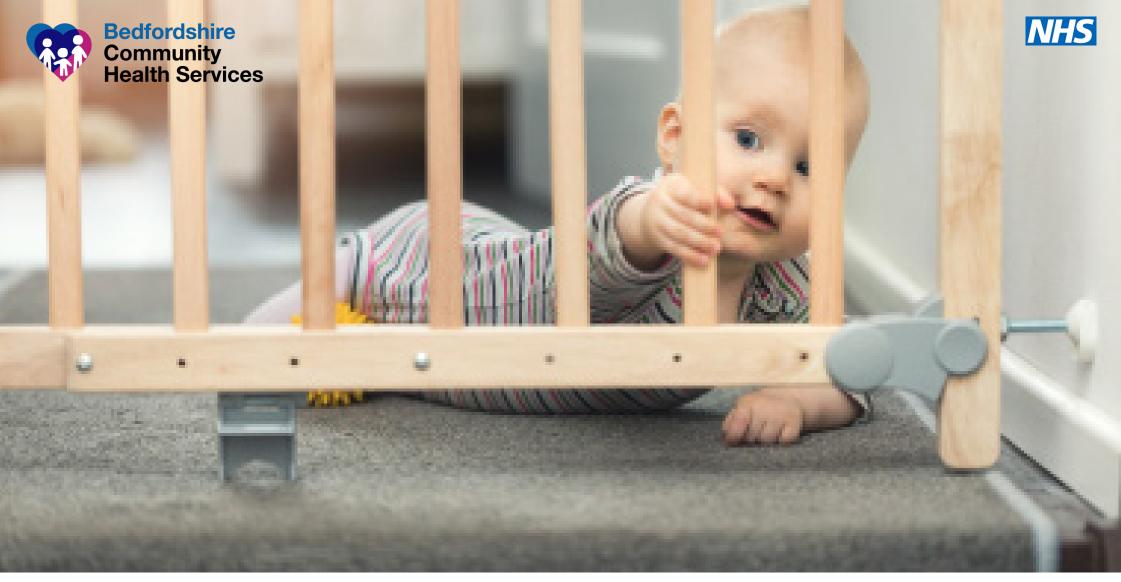




Socialising and Playing



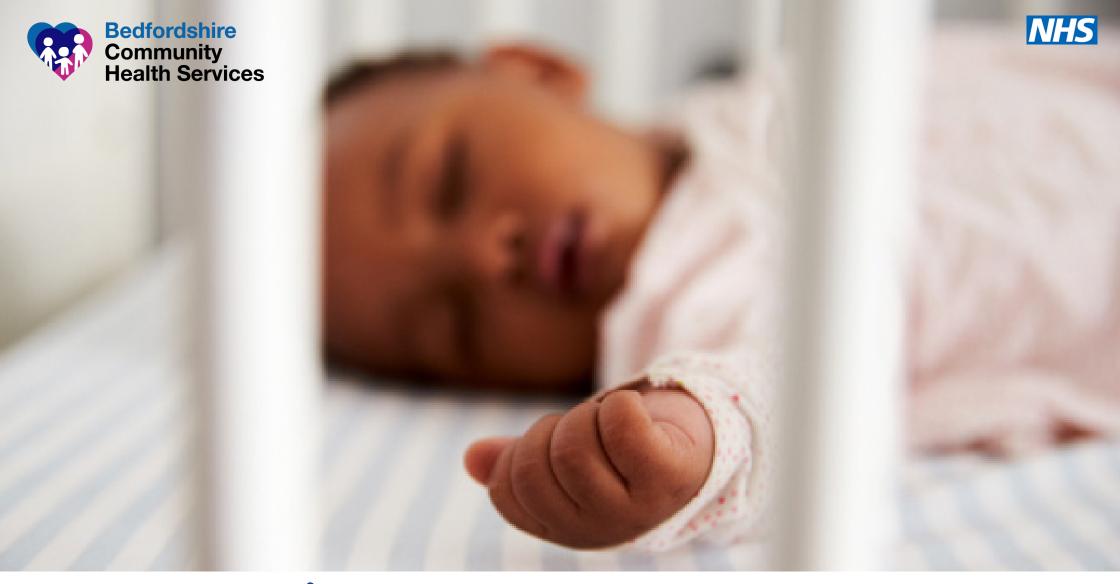
Comforting my baby



Staying Safe



Poorly Baby



Safe Sleep



Immunisations







Growing my baby's brain



Parent/Carer Mental Health Review



Scoring Information for Practitioners



During review use the conversation card "Parent/Carer Mental Health Review"

Community Nursery Nurse - ask mother these questions

Whooley questions or Depression identification questions – client to answer YES or NO to the two questions Positive answer is one or more yes

- During the past month, have you been bothered by feeling down, depressed or hopeless?

 YES/NO
- During the past month, have you often been bothered by having little interest or pleasure in doing things? YES/NO

Generalised Anxiety Disorder (GAD 2) questions: Positive Score is 3 (or more) Not at all (0), Several days (1), More than half the days (2), Nearly every day (3)

- Over the last 2 weeks how often have you been bothered by feeling nervous, anxious or on edge?
- Over the last 2 weeks how often have you not been able to stop or control worrying?

Refer on any client with positive score to symptoms screen or any red flag symptoms, regardless of symptoms score (see pathway).

Postive scores(s) to screening questions: Whooley: Yes to either question GAD 2 - Score of 3 (or more)

CNN - Task PIMH Champion Group on S1
CNN - Advise client of further contact by HV
CNN - Task allocated HV for UPP clients
PIMH Champions to uptake initial triage, referral on and/or short term intervention for Universal clients only

Negative score to both Whooley and GAD 2

No further action from the CNN

Highlight Health HUB contact details should this change





Parent/Carer Questionnaire

Feedback from your 3 month baby review appointment is really important to us.

Please scan this QR code to be taken directly to our short questionnaire and take a few minutes to complete it.

Thank you.



