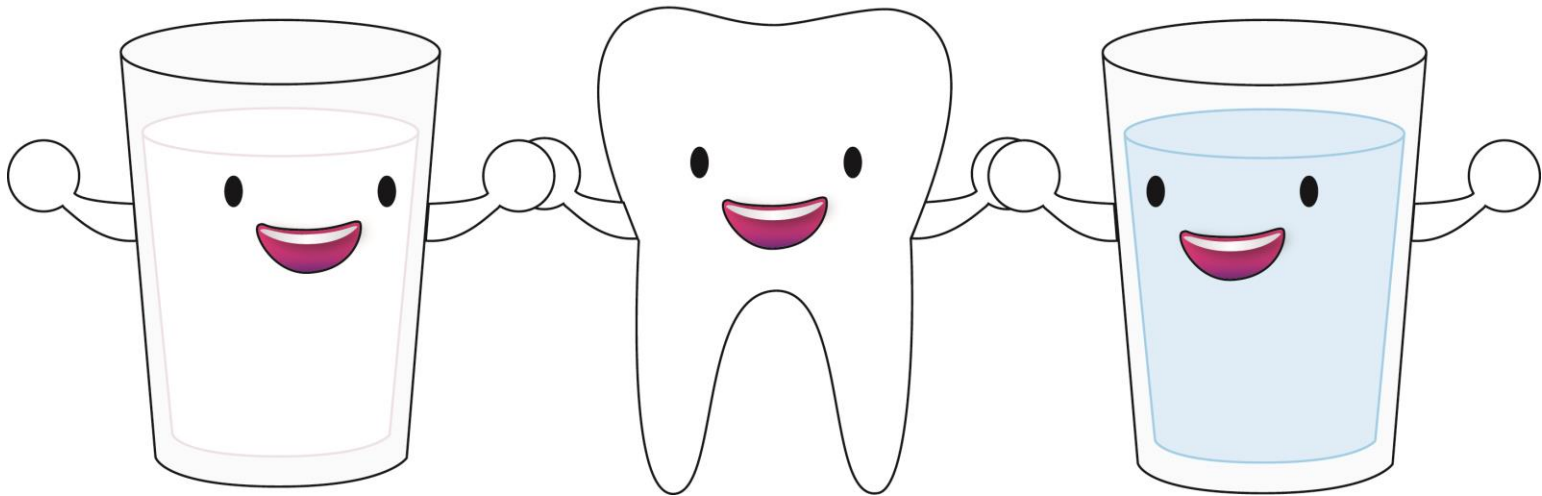
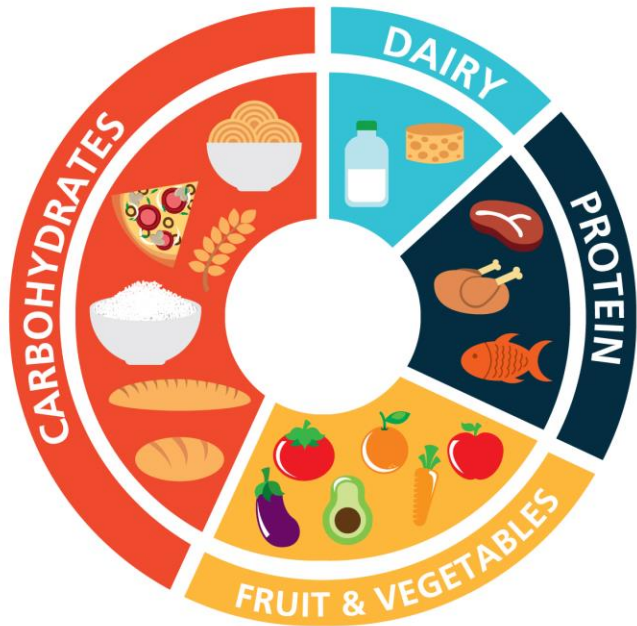


WATER
AND MILK
ARE A
TOOTH'S
BEST
FRIEND

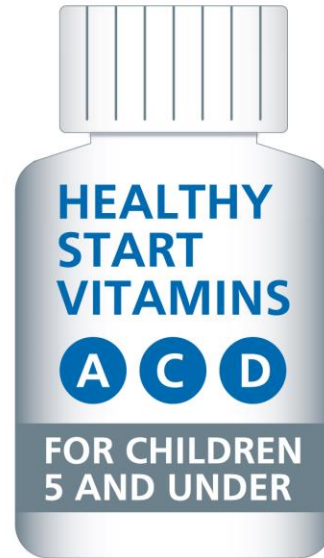


OFFER VITAMIN D SUPPLEMENTS



**BALANCED
DIET**

+



VITAMINS

=



**HEALTHY
START**

EVERYDAY

MAKE HEALTHY SWAPS



SMALL CHANGES **BIG DIFFERENCES**

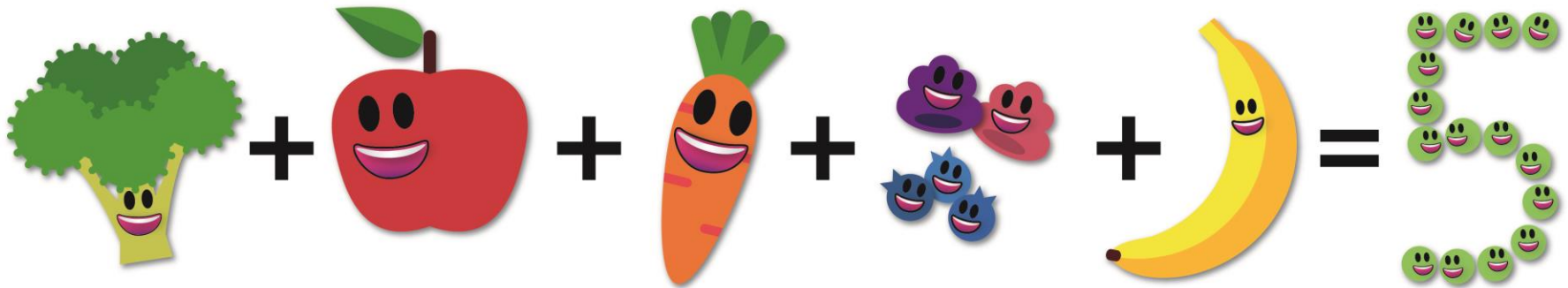
FAMILY MEALTIMES



**BETTER
TOGETHER**

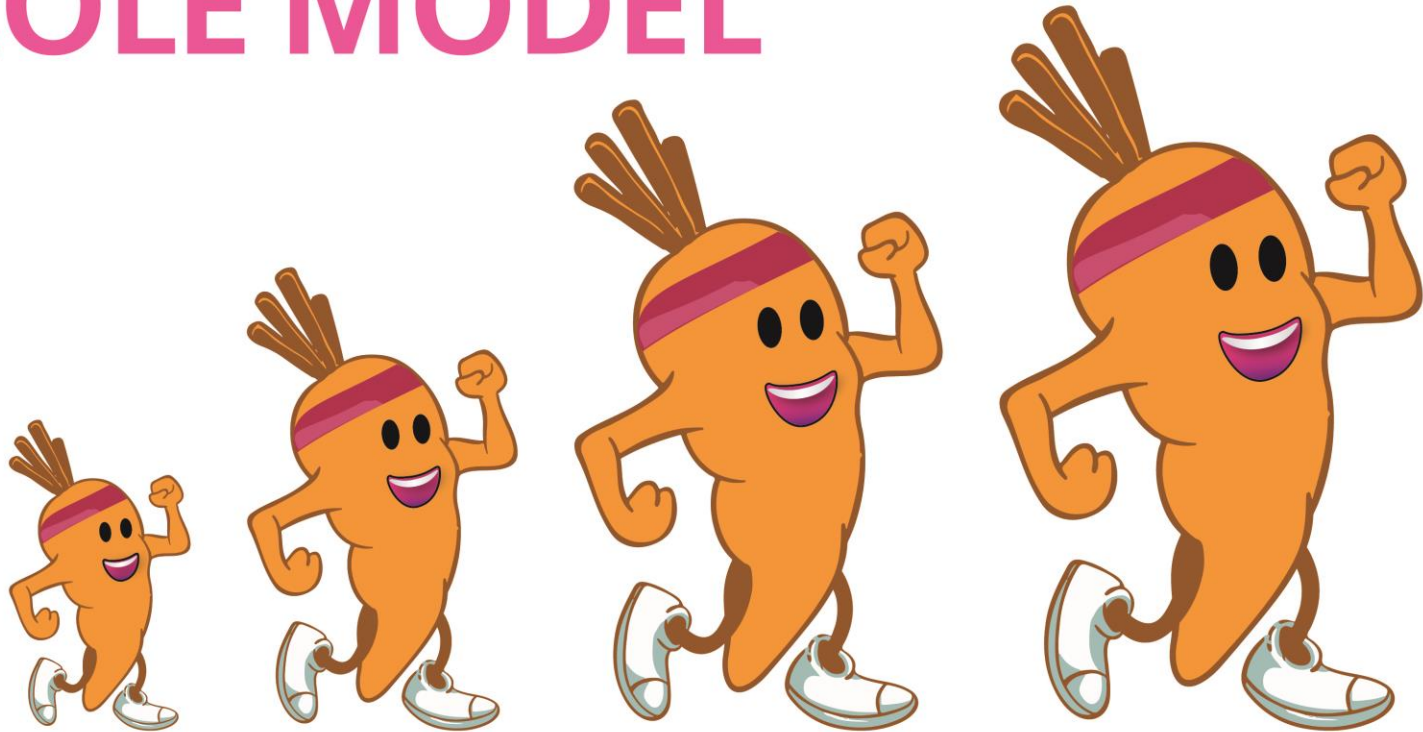
**FAMILY
FOREVER**

MUNCH ON FRUIT AND VEGETABLES EVERY DAY



AIM FOR 5 SO YOU CAN THRIVE!

BE A GOOD ROLE MODEL

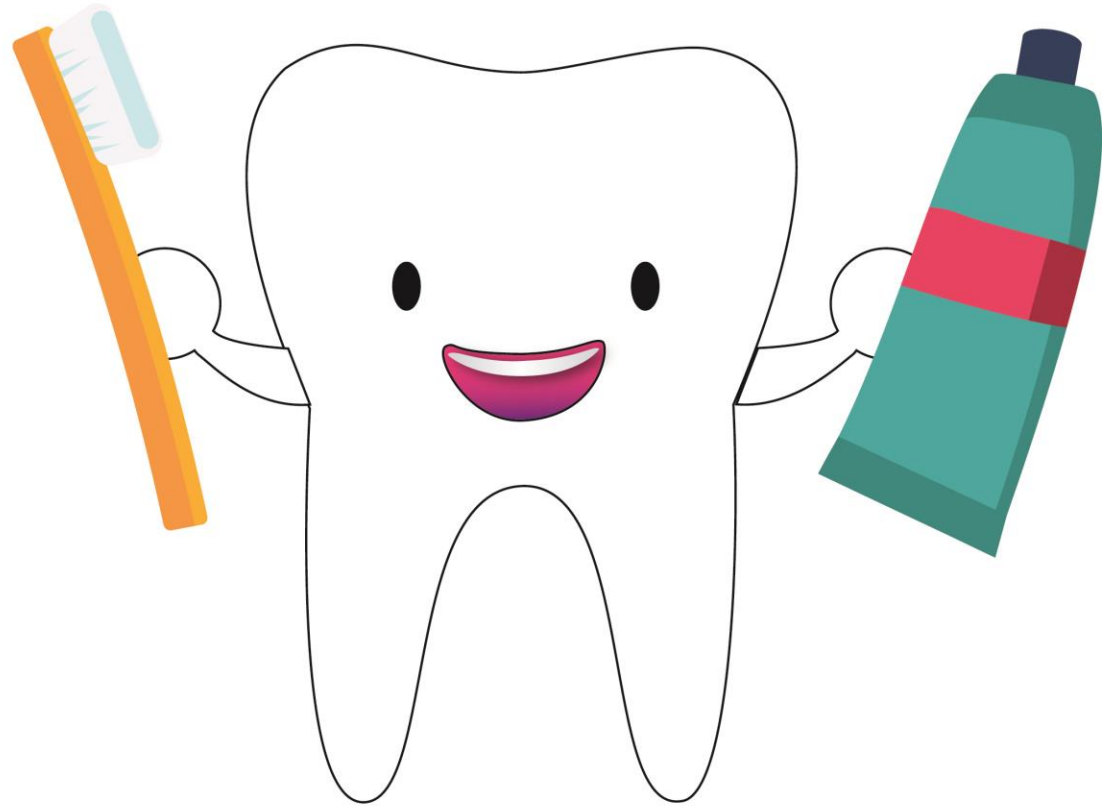


**CHILDREN SEE AND CHILDREN DO; BE A GOOD
ROLE MODEL SO THEY CAN FOLLOW YOU!**

KEEP YOUR
SNACKS
TOOTH
FRIENDLY



TEETH LOVE
FLUORIDE
TOOTHPASTE
EVERY DAY
TWICE
A DAY



BRUSH ME 2X A DAY

I LIKE TO
MOVE IT
MOVE IT
LET'S GET
ACTIVE





**PROTECT
FAMILY TIME**

**LIMIT
SCREEN TIME**

