

# Teddy needs a sleep study

**1.** Teddy went to see his doctor and the doctor wanted teddy to have a sleep study to help the doctor understand what happens when teddy sleeps.



**2.** Teddy was given a monitor to use at home so that he could sleep in his own bed when having his sleep study.

Teddy was worried about the monitor but when he was told all about it and saw the monitor he felt happier.

This is what the monitor and probe looks like:



**3.** Teddy went to bed and his parents put the monitor on his toe so that it could record overnight.



**4.** When Teddy woke in the morning he felt very happy, his parents removed the probe and turned the monitor off.



**5.** Teddy's parents then returned the monitor so that all the information about Teddy's sleeping could be looked at by the doctor.

