

I am researching NHS absence, health and wellbeing. Under FOI please provide the following information in excel format by populating the fields below.

No.	Questions	Name of programme	Description (including aims)	Is the programme internal or delivered by a third party?	Name of any third party (if applicable)	Description of services	Total annual cost to organisation (£ - 15/16)	Please list any savings/other benefits	Contract start	Contract end
1	What health and wellbeing programmes are offered within the organisation to provide staff with health and wellbeing benefits, reduce sickness absence and associated costs, and improve staff attendance? (e.g. healthy eating programmes, physical & mental health checks, gym memberships, lifestyle management advice, one-to-one counselling, workshops etc.) Please list all programmes and provide the following information:									
		MSK Rapid Access	To support staff with MSK conditions and aid recovery	In-house	n/a	See Column 2		Our Trust's occupational health and counselling contracts are part of bulk contract with a third party support service provider and it is not possible to separate out the costs for these services. The contact is regularly reviewed and rolled over.		
		Water at all sites		In-house	n/a					
		Live Life Well Programme & linked Intranet page of advice/Resources		In-house	n/a					
		Mental Health Training		In-house	n/a					
		Flu Vaccinations		In-house	n/a					
		Healthy Weight promotion		In-house	n/a					
		Live Life Well Newsletter		In-house	n/a					
		Reduction of sweet/fatty food & drink available on sites		In-house	n/a					
		Counselling Services		Outsourced	Insight					
		Occupational Health Services		Outsourced	Optima					
		Gym membership discounts/Leisure Centre discounts		Outsourced	Various - local					
2	How does the organisation record and report absence? Please list all software, systems and services used for absence management and provide the following information:	Name of software/systems/services (internal and external)	Description of services	In-house or outsourced?	Name of any third party (if applicable)	Description of services	Annual cost to organisation (£ - 15/16)	Contract start	Contract end	
		ESR	An Electronic Staff Record system which reports on sickness rates.	In-house	n/a	As column 2				
3	Does the organisation use any third party whistleblowing services? Please provide the following information:	Name of provider	Description of services	Annual cost to organisation (£ - 15/16)	Contract start	Contract end				
		N/A - not used.	N/A							

