

COVID-19 has affected us all

Health and wellbeing support is available

A woman with dark hair tied back, wearing a white NHS uniform and a green surgical mask pulled down to her chin. She is smiling warmly at the camera. The background is a light, neutral color.

Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

A white telephone handset icon inside a blue circle.

0800 0696 222

A white mobile phone icon inside a blue circle.


'frontline' to 85258

A white globe icon inside a blue circle.

people.nhs.uk



NHS



COVID-19 has affected us all

Health and wellbeing support is available



Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

 0800 0696 222

 'frontline' to 85258

 people.nhs.uk



COVID-19 has affected us all
Health and wellbeing support is available

Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

COVID-19 has affected us all

Health and wellbeing support is available



Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

COVID-19 has affected us all

Health and wellbeing support is available

Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more

COVID-19 has affected us all

Health and wellbeing support is available



Our NHS people have accessed resources more than half a million times

- Confidential emotional support
- Free evidence-based apps
- Webinars, guides, coaching and more