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**Children and young people may need different types of support from an Occupational Therapist at different times.**

**The Bedfordshire and Luton Paediatric Occupational Therapy Service can provide help in a number of ways, based on your child’s need at the time, for example:**

UNIVERSAL SUPPORT

* Advice and strategies for children to help with everyday activities such as pencil skills, scissor skills and dressing.
* NB// Activities should be put in place at home and school for at least 12 weeks to see positive changes.
* Principles of seating.
* Sensory processing awareness resources including a video and planning wheel resources.

This information is on the Occupational Therapy webpage and is available for everyone.

TARGETED SUPPORT

* Regular meetings with SENCo’s across the county to identify areas of development.
* Training videos for education staff and other professionals.
* 3 Month trial of a SENCo liaison line.

Further resources are under development.

SPECIALIST SUPPORT

* Specialist Occupational Therapy intervention. This may include:
  + Assessment.
  + Written report and advice.
  + Treatment session(s).
  + School visit.

This support is provided based on the Occupational Therapy Service Statement available on our webpage.

This information was co-produced with Bedfordshire and Luton Parent Carer Forums and is adapted from: <https://www.rcot.co.uk/occupational-therapy-children-and-young-people>