



**Bedfordshire
Community
Health Services**



Brown's Syndrome

Bedfordshire Children's Eye Services



Bedfordshire adult and children's community health services are provided in partnership by East London NHS Foundation Trust (ELFT) and Cambridgeshire Community Services (CCS) NHS Trust

What is Brown's Syndrome?

Brown's Syndrome is a relatively rare condition that is generally present at birth. This condition can be acquired in later life due to facial surgery or injury but is less common. It mainly affects one eye but in 10% of cases, it can affect both eyes.

The causes of Brown's Syndrome

Although it is difficult to find out the exact cause of each individual child's Brown's Syndrome, it is thought that there is a thickening of the tendon in one of the eye muscles (superior Oblique muscle), which causes a restriction of eye movement when the child is looking up. Sometimes it can be caused by a problem in the development of the muscle or the tendon of the superior oblique.

Features of Brown's Syndrome

If a child has Brown's Syndrome when he/she looks up, the affected eye will not move up fully and the other eye moves up excessively. The child may move their head when looking up instead of moving their eyes.

The future

Usually, the child does not experience any symptoms with this condition. Some children recover spontaneously when older and, in a few cases, surgery is required to realign the two eyes.

Most children with Brown's Syndrome do not require any treatment at all but regular Orthoptic checks are necessary to ensure that the child's vision remains good in each eye. Spectacle wear and the use of eye patches will be recommended if the Orthoptist detects reduced vision in your child's eyes.

If you have any questions regarding the treatment of your child's eye condition, please discuss them with the Orthoptist.

Additional information which you may find useful can be found here: www.squintclinic.com

For further information about this service contact:

Community Eye Service

Enhanced Service Centre
Bedford Health Village
3 Kimbolton Road
Bedford, MK40 2NT

Community Eye Service

Liverpool Road Health Centre
9 Mersey Place
Liverpool Road
Luton, LU1 1HH



Children's Community
Health HUB

**Your one stop
contact point**

Tel: 0300 555 0606

Email: ccs.bedsandlutonchildrenshealthhub@nhs.net



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

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If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.