

Little Movers Group

This is a group held at the Child Development Centre (CDC) led by physiotherapists to promote the development of physical skills in children who may have some delay in gaining them. Activities will aim to challenge their gross motor skills – for example rolling, crawling, commando crawling, standing, cruising and walking.

We will start together with some songs, then there will be a time of play for you and your child in areas we have set up to work on specific skills. During this time we will be available for advice and/or guidance if you would like some. We will finish the session with a couple of songs.

Term dates:

Wednesday 10 – 11.30 am

Monday 10 – 11.30am

The group will be limited to 20 children each time. We would like you to book a place so that we know who to expect and can make the activities offered relevant to those children coming along. Please book through your physiotherapist.

If you would like any further information, please contact Judith Treby or Hannah Shore on 01234 310278

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