

Methylphenidate group

Works for how many hours	Tablet or capsule	Brand name of medication and dosage
<p>Short acting</p> <p style="background-color: #008000; color: white; padding: 5px; text-align: center;">2 to 4 hours</p>	<p>Tablet, can be cut/ crushed Take 2 or 3 times a day</p>	<ul style="list-style-type: none"> • <u>Medikinet</u> (5mg, 10 mg, 20 mg) • Ritalin (10 mg) • Methylphenidate (5mg, 10 mg and 20 mg)
<p>School Day Cover</p> <p>Medium acting</p> <p style="background-color: #008000; color: white; padding: 5px; text-align: center;">6 to 8 hours</p>	<p>Capsule, take once a day in the morning. In case of swallowing difficulties, the content of the capsule can be sprinkled on to yoghurt or apple sauce and swallowed as whole</p>	<ul style="list-style-type: none"> • <u>Medikinet XL</u> (with or after breakfast) 5mg, 10 mg, 20 mg, 30 mg, 40 mg, 50 mg and 60 mg • <u>Equasym XL</u> (before breakfast) 10 mg, 20 mg and 30 mg) • Ritalin XL (with or without food) 10 mg, 20 mg, 30 mg, 40 mg and 60 mg
<p>School and home day Cover</p> <p>Long acting</p> <p style="background-color: #008000; color: white; padding: 5px; text-align: center;">10 to 12 hours</p>	<p>Tablet, should be swallowed Take once a day in the morning</p>	<ul style="list-style-type: none"> • <u>Matoride XL</u> (18 mg, 36 mg, 54 mg) • <u>Concerta XL</u>, <u>Xaggitin XL</u>, <u>Delmosart</u> and <u>Xenidate XL</u> (18 mg, 27 mg, 36 mg and 54 mg)