If you have a problem with health or social care we are here to help
If you have a problem or want to ask questions about:

- Your Consultant
- Your Physiotherapist
- Your Dentist
- Your District Nurse / Community Nurse
- Community Health Services
You can ask us about health care. We can tell you about support groups that can help you. If you don’t know who to talk to - we can help.

How to contact us:

Tel: 0300 131 1000

Write to us at:
Write to us (no stamp required):
FREEPOST CCS LUT PATIENT EXPERIENCE

Email:
ccs-tr.pals@nhs.net

Web:
www.cambscommunityservices.nhs.uk

What you say will be in private.
PALS is open Monday to Friday, 9am to 5pm

(Pictures and symbols provided by Widget Software Ltd 2004)
For further information about this service contact:

**PALS:**
- Patient Advice and Liaison Service
- Compliments - saying thank you!
- People Participation
- Concerns - if we get it wrong

Tel: 0300 131 1000

Email: CCS-TR.PALS@nhs.net

Write to us (no stamp required):
FREEPOST CCS LUT PATIENT EXPERIENCE

**Complaints**
Tel: 01480 398799 or 07951 498777

Email: ccs.complaints@nhs.net

Write to us (no stamp needed)
FREEPOST: RTGA-CTLG-SCKH
Complaints Team (supported by Serco)
Unit 3, Meadow Park
Meadow Lane
St Ives
Cambs, PE27 4LG

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.