Emotional Support
Information Leaflet

Children’s Community Nursing Team
The Children’s Community Nursing Team provides a range of services to support sick children/young people and their families at home and in the community, including emotional and psychological wellbeing.

The team comprises of Children’s Nurses, Health Care Support Worker, Play Specialist, Therapist, Family Support Practitioner and Administration Staff.

The team works in partnership with families and other professionals with the aim of achieving an holistic approach to the care provided. Consent to share information with key professionals within and outside the team is needed.

What we offer:

- emotional/psychological support
- post diagnostic counselling
- counselling following acute and chronic conditions
- cognitive behavioural therapy and
- pre and post-bereavement support.

The impact of caring for a sick child is well documented, but when this becomes prolonged because of complex and chronic medical conditions, the effect on the families, especially parents/caregivers can be overwhelming. Some parents/caregivers report experiencing:

- anxiety
- low mood/depression
- low self esteem
- panic
- post traumatic stress disorder, including nightmares, flashbacks of specific procedures/treatments and events relating to the paediatric care.
Who is eligible and how can you access the service?

Our service is open to all children up to the age of 18 and their parents/caregivers who are registered with a Cambridgeshire GP.

Referrals for emotional/psychological support can only be made to the Family Support Practitioner via a member of the Children’s Community Nursing Team who is involved with you or your child. If eligible, you will be offered 6 sessions.

Working Hours

The Family Support Practitioner works Wednesdays, Thursdays and Fridays from 8am to 4pm.
For further information about this service contact:

Cambridgeshire Community Services NHS Trust
Children’s Community Nursing Team
The Peacock Centre
Brookfields Campus
Mill Road
Cambridge CB1 3DF

Telephone: 01223 218061

If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.