



Bedfordshire Neuro Therapy Service

Early Supported Stroke Discharge (ESD)
and
Neurological Rehabilitation Team (NRT)



Your **therapists** or **assistant practitioners** are:



Call: 0300 790 6832



Email: ccs.bedsneuro.referrals@nhs.net

Who are we?

We are a **team of health care professionals** who specialise in supporting people with a **stroke** or a **neurological condition**. Our team works with people who require support from multiple health professionals. Our team includes:

- Assistant practitioners
- Physiotherapists
- Occupational Therapists
- Speech and Language Therapists
- Stroke Counsellor
- Clinical Psychology for Stroke

Who is our Early Supported Stroke Discharge service for?

Adults who have had a **new stroke**, require **specialist** stroke support and are **able to engage actively** in a rehabilitation programme in their home.

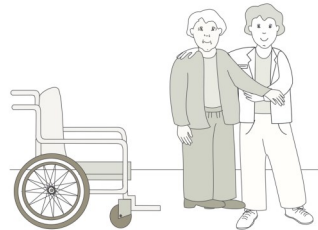
Who is our Neuro Rehab service for?

- **Adults** who have a new diagnosis of a **long-term neurological condition**.
- **Adults** who are experiencing a **deterioration** of their neurological condition and **require input from multiple therapists**.

What can I expect from your service?

Personalised, specialist care that is centred on your **individual needs and goals**. While everyone's journey through our service will be different **you can expect:**

- **First contact** at **home** or **by telephone** to assess your immediate needs.
- **Support** to discuss and identify your own **rehabilitation goals**.
- **Assessment** and **specialist therapy** for a limited period of time. The number of visits per week will be tailored to your needs.
- **Personalised advice** and support for you, your family and your carers.
- **Regular reviews** of your **progress**. If you have had a stroke you can expect at telephone review or visit after six months.
- **Support** to complete your exercises and activities independently.
- **Onward referral** to community therapy services or **longer term community support** if needed.



For further information about this service contact:

If you have any questions or comments you can call us on **0300 7906832**

Your feedback is really important to us. To feedback online please scan the QR code or **ask one of our team** for a form to complete and return freepost.

Neuro Rehab Service
Feedback



Early Supported
Stroke
Discharge Service



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

To find out how we use what we know about you (Privacy Notice) or how to access our buildings (AccessAble), please visit www.cambscommunityservices.nhs.uk and follow the links or please contact us.



If you have any compliments about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on 0300 131 1000 (charges may apply depending on your network) or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.