




<p><i>Name</i></p>	<p>Gary Davidson</p> 
<p><i>How long have you been a dietitian?</i></p>	<p>I've been a dietitian for over 14 years and currently specialise in paediatric diabetes.</p>
<p><i>What inspired you to be a...?</i></p>	<p>Selling fruit and veg for a living and leading a very active lifestyle inspired me to learn more about nutrition which led to a career in dietetics.</p>
<p><i>What does your role involve?</i></p>	<p>My role involves working as part of a multi-disciplinary team including consultants, a psychologist and specialist nurses. I liaise and educate patients, their families/carers, and other professionals on several topics around nutrition and physical activity for diabetes in a range of settings such as the hospital, schools, and homes. I even have options to use a gym and kitchen where we have run classes!</p>
<p><i>How did you get into this career? What steps did it take since leaving school?</i></p>	<p>Since leaving school I've had several careers, but most recently I was a greengrocer, where I ran a market stall at Canary Wharf in London. This job gave me the thirst to go back into education and study nutrition.</p>
<p><i>Can you tell us a bit about the training you undertook for your role?</i></p>	<p>I did an access course in science before being accepted to take a 4-year degree in Nutrition and Dietetics at Kings College London. Since qualifying from Kings College London and working for the NHS for several years, I've done a part time master's degree in paediatric Diabetes to further my expertise in my current role.</p>



<i>What do you like most about your role/career?</i>	I love the variety and flexibility my current role offers, homing in on my personal communication skills with a range of service users to enhance my experience as a paediatric diabetes dietitian.
<i>What's the most challenging part of your role?</i>	I find the most challenging part of my role is making a difference in hard-to-reach children and young people with a chronic condition while they may be struggling with external factors such as adolescence.
<i>What's a typical day like for you in your role?</i>	Every day is different, there is no typical day!
<i>What are the main skills needed to do your role?</i>	The main skills needed for my role are communication, knowledge, and empathy.
<i>Do you have any advice for someone considering your career?</i>	You'll never be rich pursuing this career for the NHS, but you'll definitely make a difference, get job satisfaction, have fantastic career benefits and a good work/life balance!