

<i>Name</i>	Norfolk and Suffolk Safeguarding Children Team
<i>How long have you been a nurse?</i>	We have nurses who have been qualified between 30-7 years. So, some from the dark ages, where hats and capes were still worn!!
<i>What inspired you to be a nurse?</i>	Most of us wanted to be nurses since we were little. One of us was poorly when we were younger, so this inspired us to be a nurse. We all wanted to care for people and make a difference.
<i>How did you get into this career? What steps did it take since leaving school?</i>	Two of us were nursery nurses and then went into nurse training. Even one of us worked in the corporate world and wanted to have a more fulfilling career so became a nurse.
<i>Can you tell us a bit about the training you undertook for your role?</i>	All of us are nurses and health visitors or school nurses and some midwives.
<i>What's been the highlight of your career so far?</i>	As a team one of the biggest highlights is how we improve outcomes for children every day.
<i>What do you like most about being a nurse?</i>	Working as a team to make a difference.
<i>What's the most challenging part of being a nurse?</i>	Hearing some of the awful things that happen to children on a daily basis.

<i>What are the main skills needed to do your role?</i>	Empathy, good listening skills, the ability to understand a lot of complex information and be able to critically analyse this to assess risk. The ability to be available, support practitioners and understand others. Building good relationships and always being child centred.
<i>Do you have any advice for the next generation of nurses?</i>	Be prepared to have some challenges but some incredible successes in your career. Nursing is the best job ever!!
<i>My wish for the future of nursing is...</i>	To remain person focused and for nurses to be respected for their skills and knowledge.